Motorized Treadmill T350

Operating Instructions Manual

IRONTEC



Special tips:

1.Before installation and operation, please read this operation manual carefully.
2.Please save this manual for future reference.
3.Product may vary slightly from the item pictures due to model upgrades.

IMPORTANT SAFETY INSTRUCTIONS

WARNING - Read all instructions before using this treadmill. It is important your treadmill receives regular maintenance to prolong its useful life. Failing to regularly maintain your treadmill may void your warranty.

Danger–To reduce the risk of electric shock disconnect your treadmill from the electrical outlet prior to cleaning and/or service work.
DO NOT USE AN EXTENSION CORD: DO NOT ATTEMPT TO DISABLE THE GROUNDED PLUG BY USING IMPORPER ADAPTERS OR IN ANY WAY MODIFY THE CORD SET.

1) Install the treadmill on a flat level surface with access to correct voltage and frequency, grounded outlet.
2) Do not operate treadmill on deeply padded, plush or shag carpet. Damage to both carpet and treadmill may result.
3) Do not block the rear of the treadmill. Provide a minimum of 1 meter clearance between the rear of the treadmill and any fixed object.
4) Place your unit on a solid, level surface when in use.
5) Never allow children on or near the treadmill.
6) When running, make sure the plastic clip is fastened on your clothing. It is for your safety, should you fall or move too far back on the treadmill.
7) Keep hands away from all moving parts.
8) Never operate the treadmill if it has a damaged cord or plug.
9) Keep the cord away from heated surfaces.
10) Do not operate where aerosol spray products are being used or where oxygen is being administered. Sparks from the motor may ignite a highly flammable environment.
11) Never drop or insert any object into any openings.
12) The treadmill is intended for in-home use only and not suitable for long time running.
13) To disconnect, turn all controls to the off position, remove the safety key, and then remove the plug from the outlet.
14) The pulse sensors are not medical devices. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensors are intended only as exercise aids in determining heart rate trends in general.
15) Use handrails provided; they are for your safety.
16) Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your treadmill. Quality athletic shoes are recommended to avoid leg fatigue.
17) Allowed temperature: 5 to 40 degrees.

Remove the safety key after use to prevent unauthorized treadmill operation.

IMPORTANT ELECTRICAL INFORMATION

WARNING!

1) NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transport wheels.

2) NEVER operate treadmill on Generator or UPS power supply.

3) NEVER remove any cover without first disconnecting AC power.

4) NEVER expose this treadmill to rain or moisture. This treadmill is not designed for use outdoors, near a pool, or in any other high humidity environment.

IMPORTANT OPERATION INSTRUCTIONS

1) Insert the power plug into the socket directly.

2) The constant running time is less than 2 hours. Be sure to read the entire manual before operating your machine.

3) Understand that changes in speed and incline do not occur immediately. Set your desired speed on the computer console and release the adjustment key. The computer will obey the command gradually.

4) Use caution while participating in other activities while walking on your treadmill; such as watching television, reading, etc. These distractions may cause you to lose balance or stray from walking in the Centre of the belt; which may result in serious injury.

5) In order to prevent losing balance and suffering unexpected injury, NEVER mount or dismount the treadmill while the belt is moving. This unit starts with a very low speed. Simply standing on the belt during slow acceleration is proper after you have learned to operate this machine.

6) Always hold on to handrail while making control changes.

7) A safety key is provided with this machine. Remove the safety key will stop the walking belt immediately; the treadmill will shut off automatically. Insert the safety key will reset the display.

8) Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure.

9) This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety, Children should be supervised to ensure that they do not play with the appliance.

10) Please consult your doctor at first before running, if you have one of the following diseases:

a. Cardiopathy, hypertension, sugar diabetes, respiratory disease, smoking, and other chronic diseases, complication disease.

b. If you are over 35 years old and heavier than common weight.

c. Women in pregnant or in breasting period.

11) Please stop exercising immediately and consult your doctor when you feel giddy, surfeit, thorax ache or other symptoms.

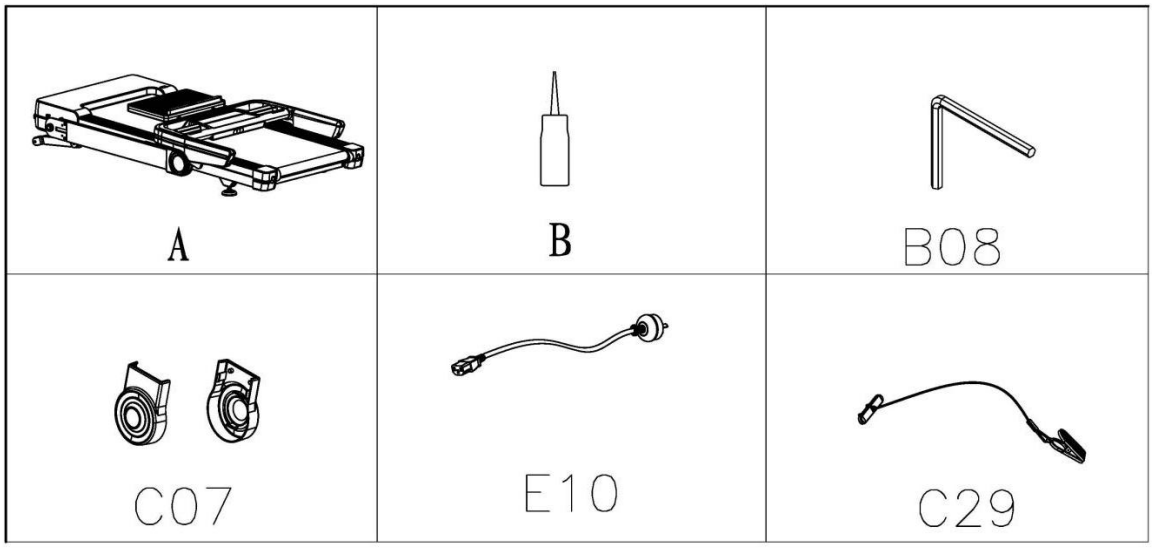
12) Please drink adequate water after taking exercises on our treadmill for more than 20 minutes.

Warning: Now here we suggest that you should consult with your physician or health professional before starting your workout, especially for the age up to 35 old or once-health

problem people. We take no responsible for any troubles or hurts if you don't following our specification. Treadmill will be carefully assembled and covered the motor shield, then connect to the power.

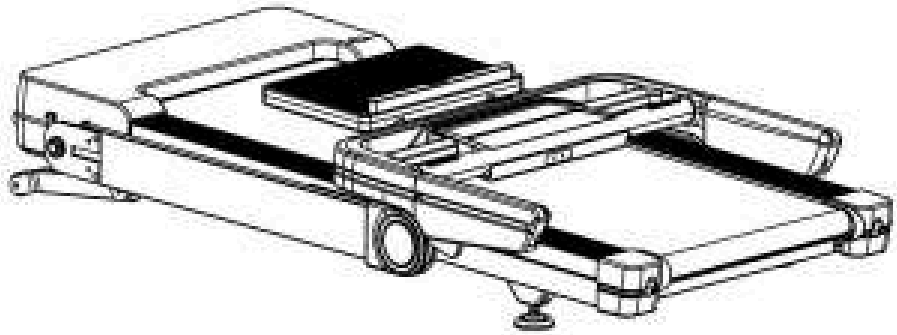
ASSEMBLY INSTRUCTIONS

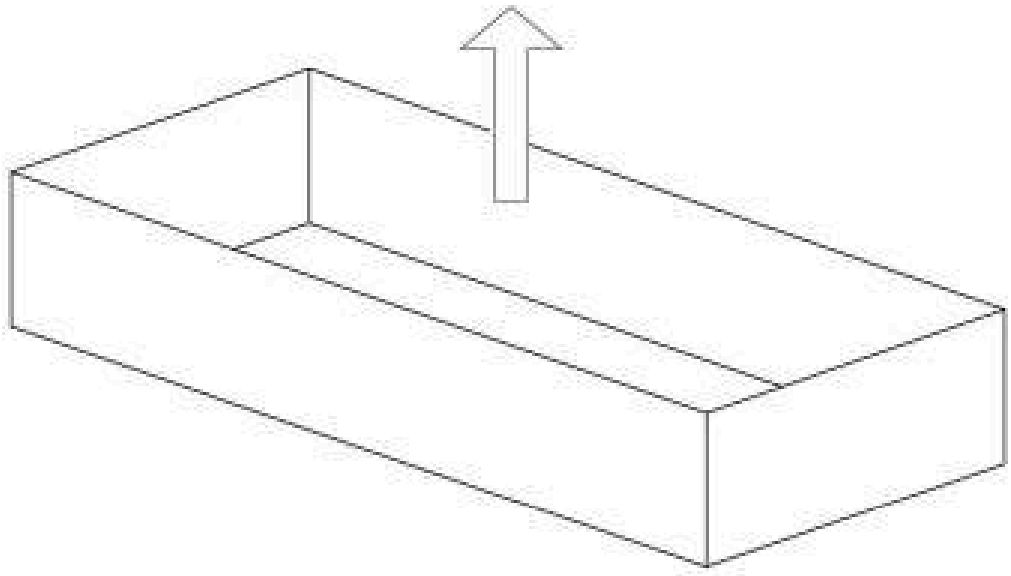
When you open the carton, you will find the below spare parts:



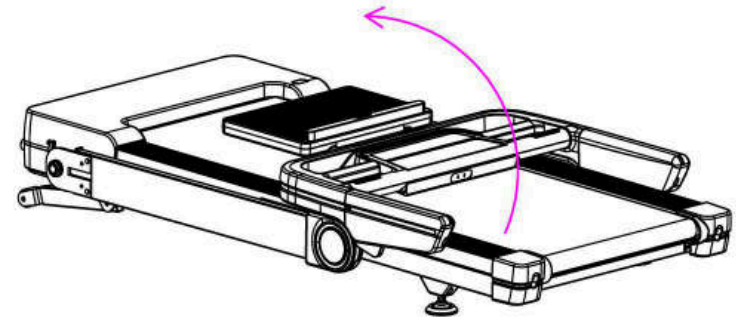
NO.	DES.	Specification	Nos.
A	Main frame		1
B	Silicon oil		1
B08	6# Allen wrench		1
C07	Upright tube decorative cover		1
E10	Power wire		1
C29	Safety key clip		1

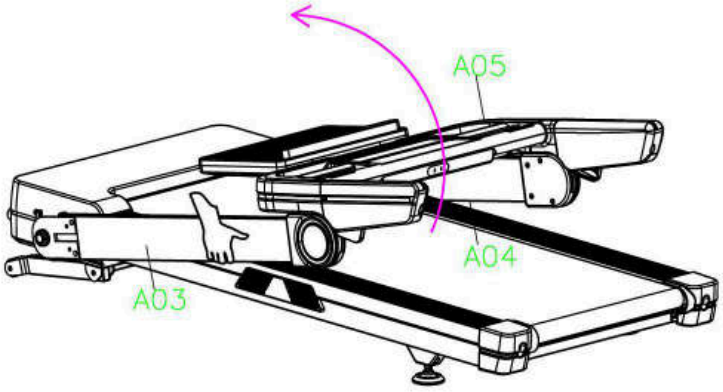
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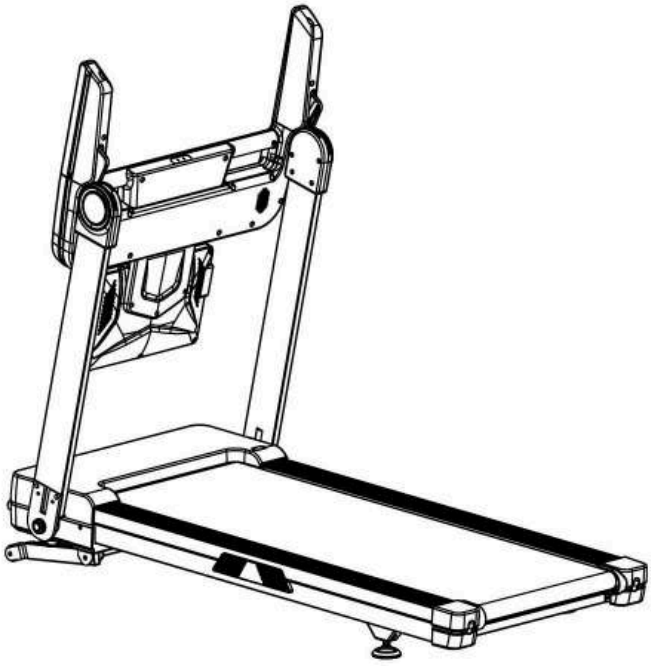




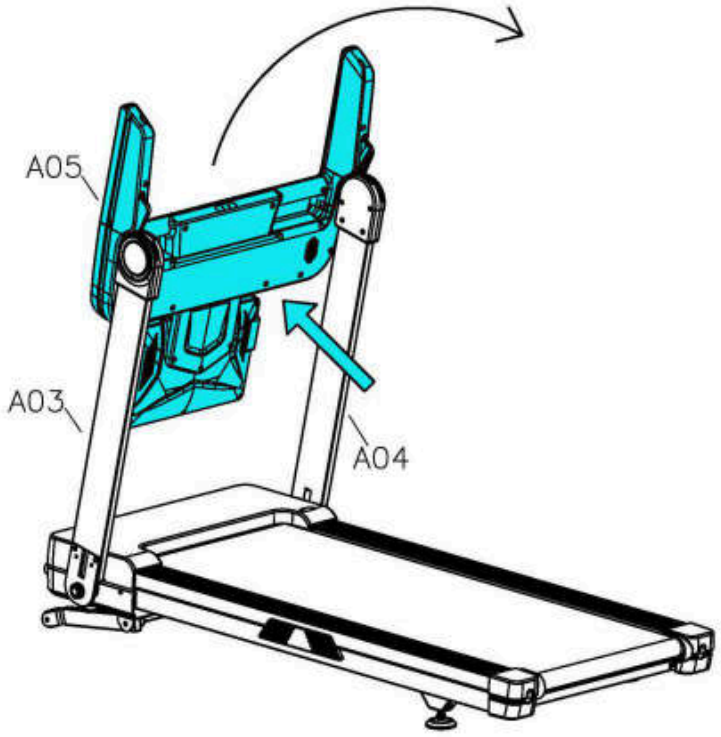
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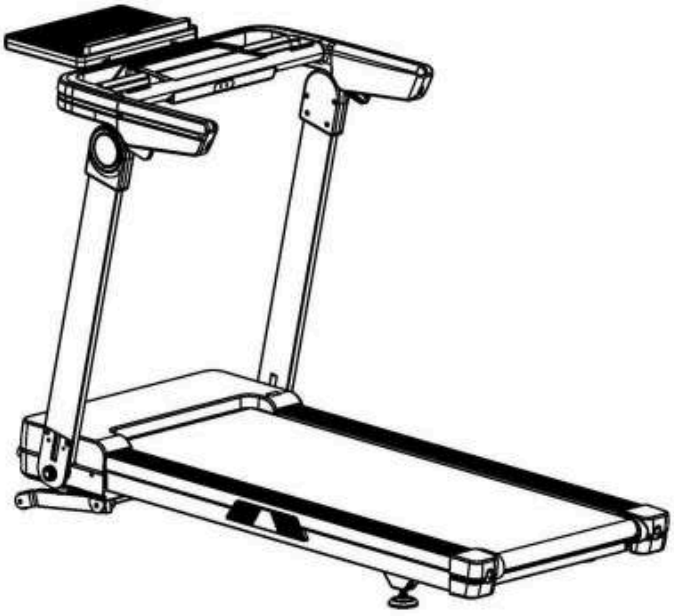




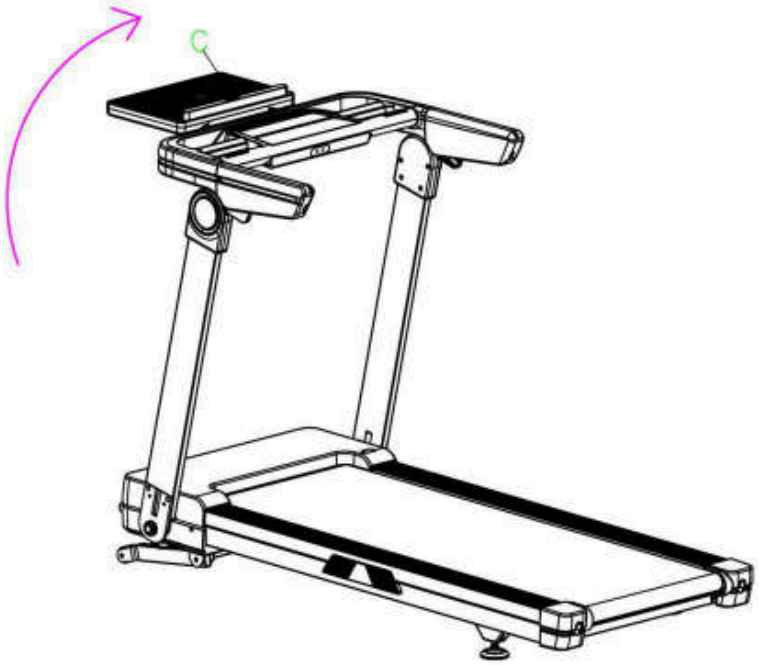


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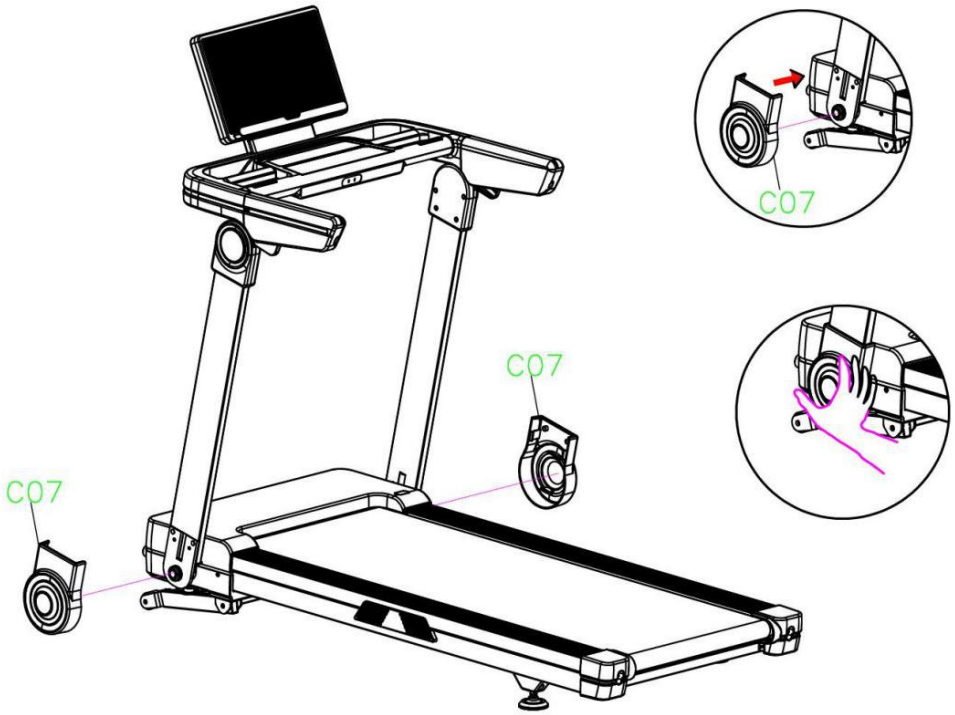


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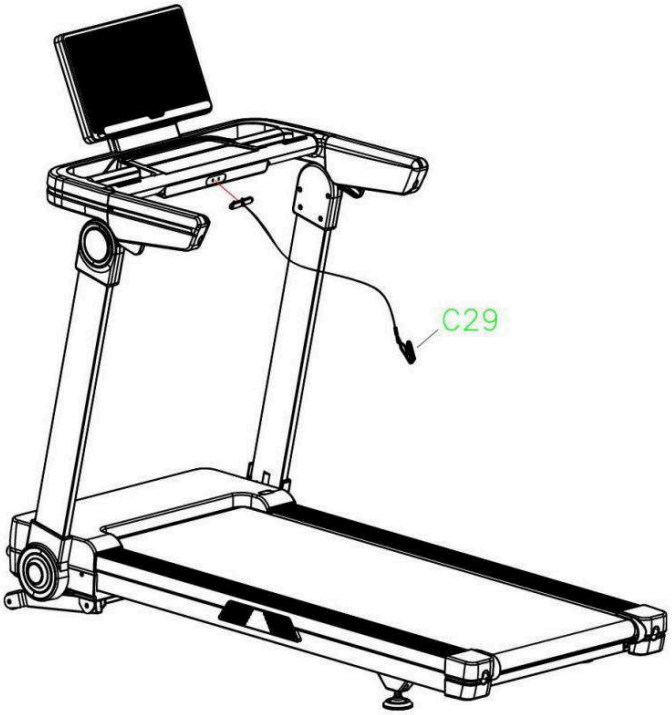


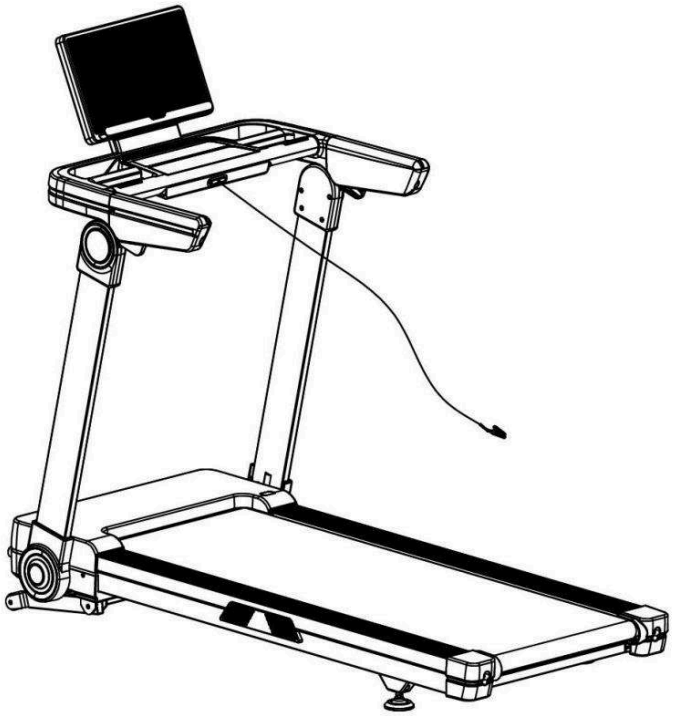
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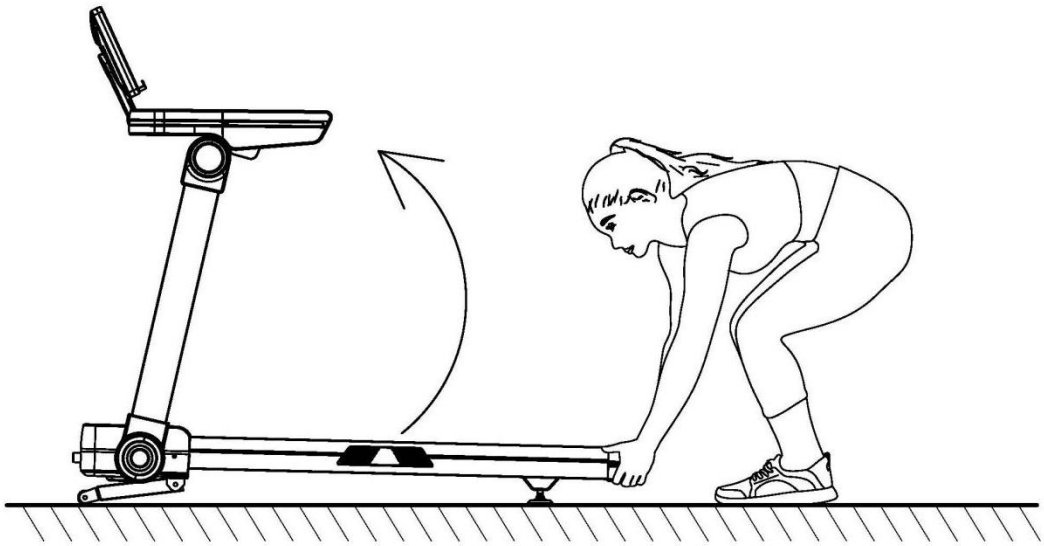


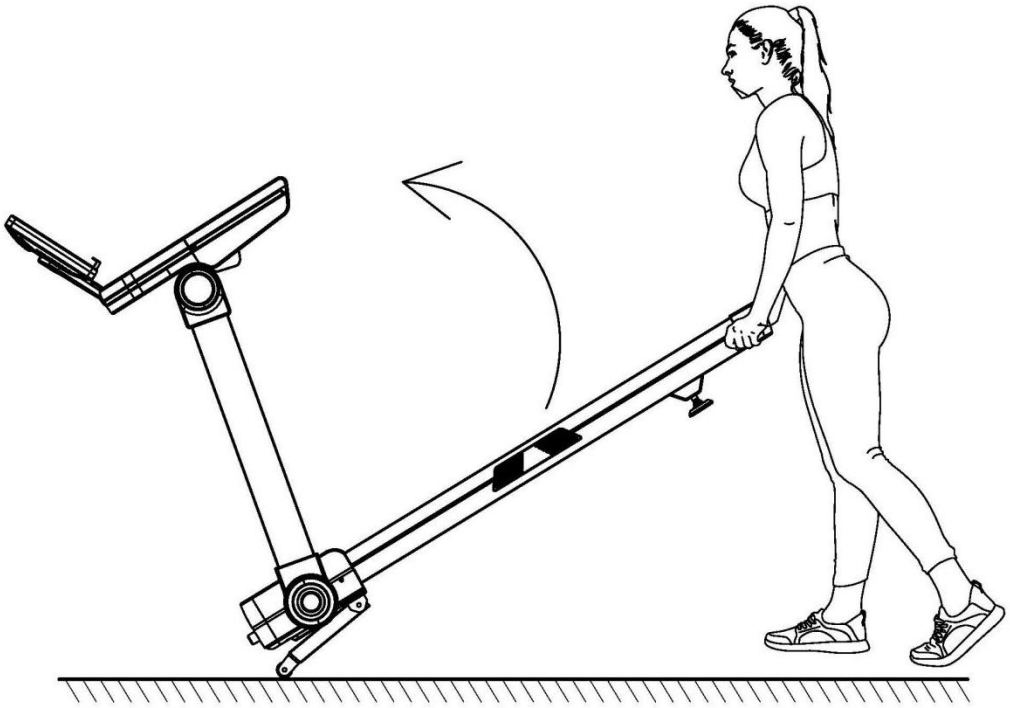
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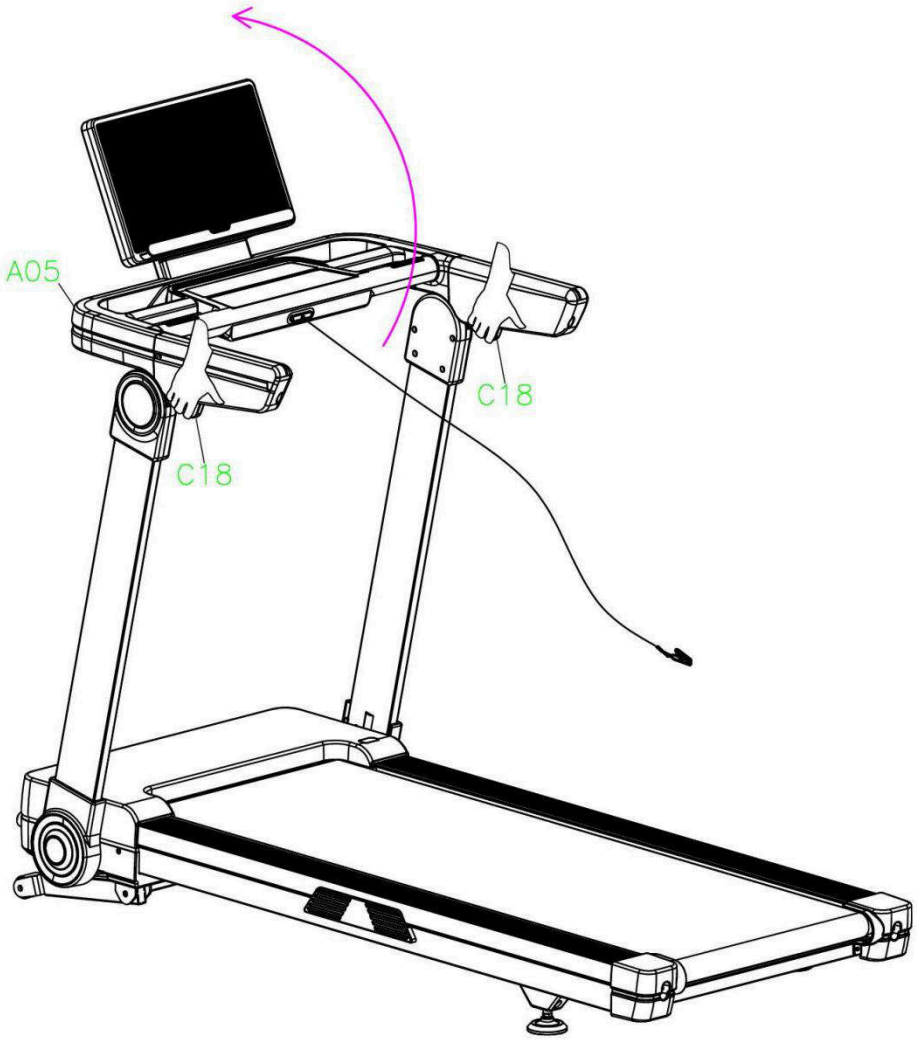


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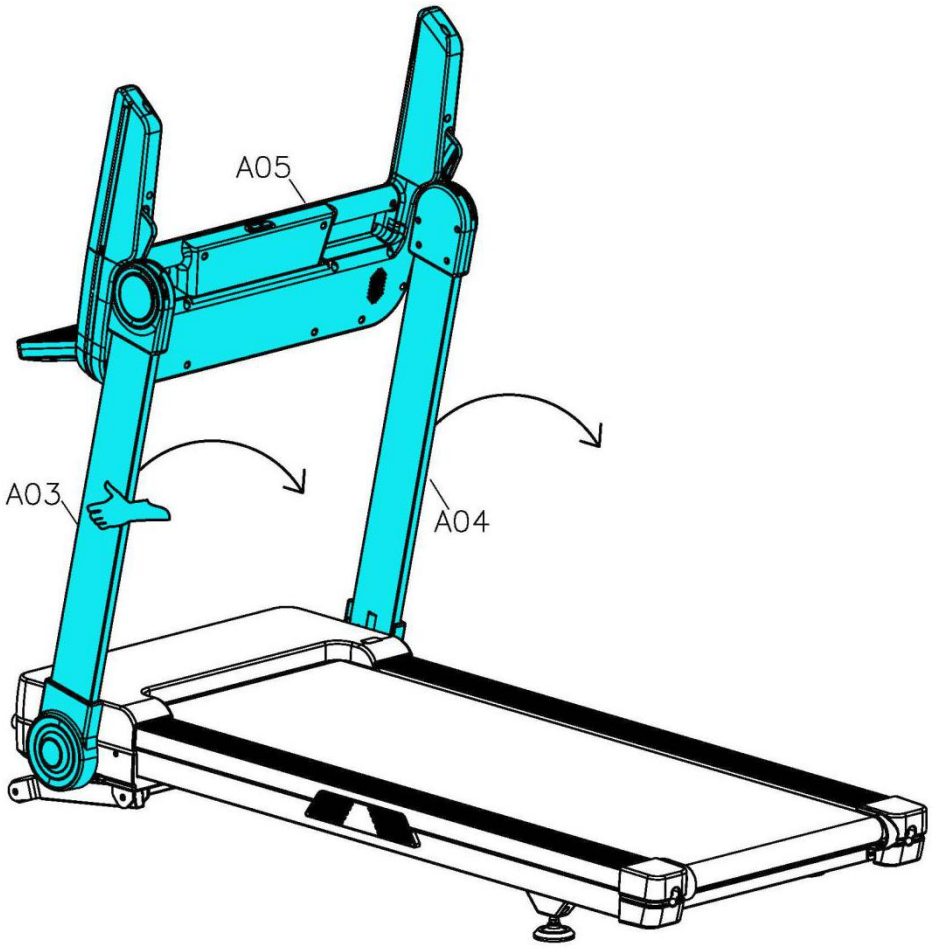




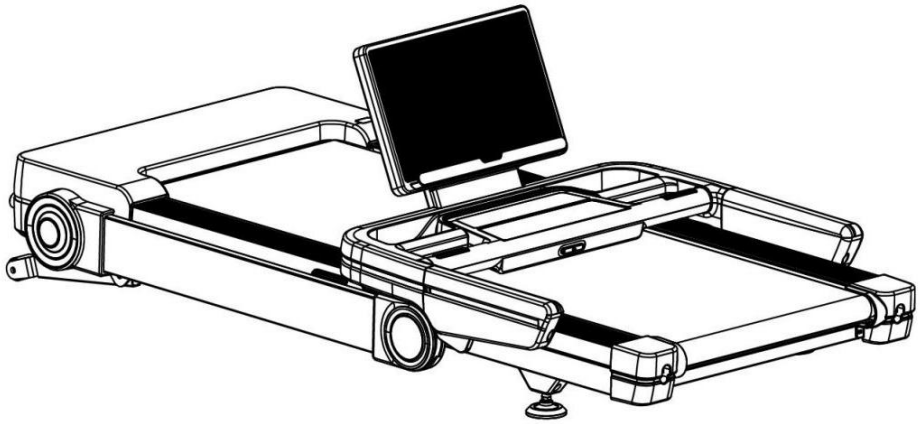
D-1



D-2



D−3



IMPORTANT ELECTRICAL INFORMATION

WARNING: This treadmill requires a right power source in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging the equipment. Any incorrect power source could cause significant damage to the equipment and or user.

GROUNDING METHODS:

This product must be grounded. Grounding provides the least resistance for electrical current and will reduce the risk of electric shock. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. Ensure that the product is connected to an outlet which contains the same configuration as the plug. Do not use an adaptor for this product.

This product is for use on a nominal circuit and has a grounding plug that looks like the plug illustrated in sketch A. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

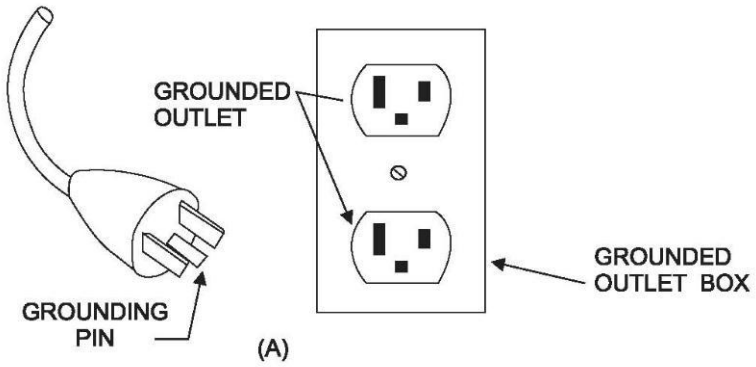
DANGER:

Improper connection of the equipment-grounding conductor can result in risk of electric shock. Check with a certified electrician if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by an electrician.

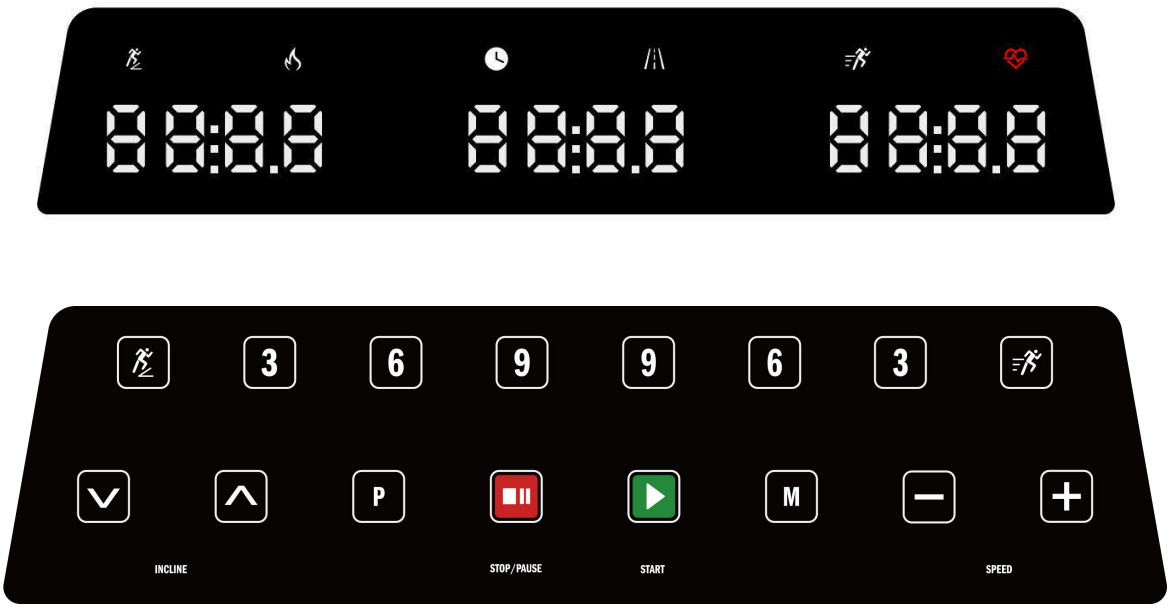
WARNING!

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Grounding methods



OPERATION GUIDE



BUTTON FUNCTIONS:

1. INCLINE ∨: Press this button to reduce the incline.
2. INCLINE ∧: Press this button to increase the incline.
3. INSTANT INCLINE: Press 3,6,9 to choose incline quickly.
4. INSTANT SPEED: Press 9,6,3 to choose speed quickly.
5. P button: Press this button to choose between 24 programs ,U1-U3 and FAT (body fat).
6. STOP/PAUSE: Under running mode, press this button to pause the machine, the window will display PAU, under pause mode press this button to Stop the machine.
7. START : Press this button to start the machine.
8. M mode: Press this button to choose between time, distance, calories workout targets.
9. SPEED + : Press this button to increase the speed.
10. SPEED - : Press this button to reduce the speed.

MEDIA HUB :

1. **BLUETOOTH MUSIC**: You can connect your mobile device to the treadmill to play music. You choose music and adjust the volume of the music using your device.

1.1 You can connect your device by using Bluetooth.

1.2 From your mobile device, select **BT name start with FS** from the list of available devices and connect.

1.3 If the mobile device receives a phone call while it is connected using Bluetooth, the treadmill Bluetooth will automatically disconnect. Once the phone call is finished, the Bluetooth will connect automatically again and continue to play music.

2. **Bluetooth for Kinomap, Zwift app connection.**

►Kinomap connection

STEP1: Download Kinomap app and create an account
STEP2: Go to the "More"page and click on the "Equipment Management" button
STEP3: Click on the "+" button in the top right corner to add a new equipment
STEP4: Select the machine type that you are going to use
STEP5: Select the brand of FitShow or FTMS
STEP6: Select your model in the list
STEP7: Enter the brand and model of your equipment
STEP8: Equipment add success
STEP9: Go To Browse page to start your favorite workout.

►Zwift connection

STEP1: Download ZWIFT app and create an account
STEP2: Select"RIDE"or "RUN" mode
STEP3: If your equipment is a treadmill, click on the "RUN SPEED" button, If your equipment is an indoor bike, click on the "POWER SOURCE" button
STEP4: Select the paired devices start with FS***
STEP5: Click on the "LET`S Go" button
STEP6: Find related map to start your favorite workout

COMPUTER FUNCTIONS:

1. INCLINE/CALORIES: Display current incline or display distance you have run. Switch display every 5 seconds.

2. TIME/DISTANCE: Display the time you have run or display current distance. Switch display every 5 seconds.

3. SPEED/HEAER RATE: Display current speed or display user's heart rate. Hold the hand pulse sensor by both hands,the console will show user's pulse value after about 5 seconds, the heart rate data is just for reference, can not be regarded as medical use.

4. MODE.: Press M button to enter TIME, DISTANCE, CALORIES.

MODE-From standby mode, press M button, the corresponding light of TIME, DISTANCE, CALORIES will come on, select between TIME, DISTANCE, CALORIES.

-Press SPEED+/- or INCLINE+/- to set the workout target value.

-Press Start button, treadmill will run after 3 seconds.

-Press SPEED+/- to adjust the speed.

-Press INCLINE+/- to adjust the incline.

5. PROG.: Press P button to enter 24 programs ,3 users programs and body fat setting.

5.1 Set of 24 build-in programs: From standby mode, press P button, console will show 24 programs, select between 24 programs.

- Press SPEED+/- or INCLINE+/- to set the workout target time.

-Press Start button, treadmill will run after 3 seconds.

-Each program can be divided into 10 sections; machine will beep 1 times when starting a new section.

-Press SPEED+/-or INCLINE+/- to change the speed and incline during each section.

-Machine will beep 3 times and stop when the program is finished.

(P01 – P24) PRESET WORKOUT PROGRAMS (KPH)

Program \ Time		Setting time/10 =each section running time									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	2	4	3	4	3	5	4	2	5	3
	INCLINE	1	2	3	3	1	2	2	3	2	2
P2	SPEED	2	6	7	8	3	6	8	7	5	2
	INCLINE	1	2	3	3	2	2	3	4	2	2
P3	SPEED	3	8	3	8	5	9	5	9	12	6
	INCLINE	1	3	5	7	9	10	8	6	5	2
P4	SPEED	8	10	11	12	12	11	10	10	9	8
	INCLINE	1	2	2	3	1	2	2	2	2	1
P5	SPEED	6	10	12	9	11	8	12	7	9	3
	INCLINE	1	2	4	3	2	2	4	5	2	1
P6	SPEED	2	8	6	10	10	9	11	8	5	3
	INCLINE	2	2	3	2	3	4	5	6	5	3
P7	SPEED	2	6	7	9	7	9	6	5	4	2
	INCLINE	4	5	6	6	9	9	10	12	6	3
P8	SPEED	2	4	6	8	7	8	9	6	4	2
	INCLINE	3	5	4	4	3	4	4	3	3	2
P9	SPEED	2	4	5	7	6	5	8	6	3	2
	INCLINE	3	5	3	4	2	3	4	2	3	2
P10	SPEED	2	3	5	3	3	5	3	6	3	3
	INCLINE	4	4	3	6	7	8	8	6	3	3
P11	SPEED	2	5	8	10	6	9	5	3	2	2
	INCLINE	1	3	5	8	10	7	6	3	2	3
P12	SPEED	2	5	5	4	4	6	4	2	3	4
	INCLINE	3	5	6	7	12	9	11	11	6	3
P13	SPEED	2	7	4	7	8	9	4	5	3	2
	INCLINE	5	6	6	4	6	5	8	9	4	2
P14	SPEED	2	6	5	4	8	6	5	2	3	3
	INCLINE	5	6	5	8	4	5	5	10	6	3
P15	SPEED	2	6	5	4	8	7	5	3	3	2
	INCLINE	3	4	5	6	3	5	5	6	4	3

P16	SPEED	2	5	7	5	8	6	5	2	4	2
	INCLINE	1	5	6	8	12	9	10	9	5	3
P17	SPEED	2	5	6	7	8	9	8	5	3	4
	INCLINE	3	5	6	8	6	5	8	7	5	3
P18	SPEED	2	3	5	6	8	6	9	6	5	2
	INCLINE	5	7	5	8	6	5	9	10	6	2
P19	SPEED	3	7	6	5	9	7	6	3	5	2
	INCLINE	3	5	6	8	5	6	5	12	8	3
P20	SPEED	3	7	9	10	11	12	10	8	5	2
	INCLINE	2	5	6	7	6	5	8	6	3	2
P21	SPEED	3	6	8	7	9	10	5	8	3	2
	INCLINE	3	6	8	9	9	6	8	10	6	3
P22	SPEED	3	5	8	6	9	10	8	12	6	3
	INCLINE	2	6	8	10	12	10	12	8	5	2
P23	SPEED	3	5	9	11	12	8	6	5	3	2
	INCLINE	2	6	8	10	9	7	8	10	6	3
P24	SPEED	3	8	10	11	12	10	10	8	5	3
	INCLINE	3	6	8	9	10	12	9	6	3	2

(P01 – P24) PRESET WORKOUT PROGRAMS (MPH)

Time / Program		Setting time/10 =each section running time									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	1.2	2.5	1.8	2.5	1.8	3.1	2.5	1.2	3.1	1.8
	INCLINE	1	2	3	3	1	2	2	3	2	2
P2	SPEED	1.2	3.7	4.3	5	1.8	3.7	5	4.3	3.1	1.2
	INCLINE	1	2	3	3	2	2	3	4	2	2
P3	SPEED	1.8	5	1.8	5	3.1	5.6	3.1	5.6	7.5	3.7
	INCLINE	1	3	5	7	9	10	8	6	5	2
P4	SPEED	5	6.2	6.8	7.5	7.5	6.8	6.2	6.2	5.6	5
	INCLINE	1	2	2	3	1	2	2	2	2	1
P5	SPEED	3.7	6.2	7.5	5.6	6.8	5	7.5	4.3	5.6	1.8
	INCLINE	1	2	4	3	2	2	4	5	2	1
P6	SPEED	1.2	5	3.7	6.2	6.2	5.6	6.8	5	3.1	1.8
	INCLINE	2	2	3	2	3	4	5	6	5	3
P7	SPEED	1.2	3.7	4.3	5.6	4.3	5.6	3.7	3.1	2.5	1.2

	INCLINE	4	5	6	6	9	9	10	12	6	3
P8	SPEED	1.2	2.5	3.7	5	4.3	5	5.6	3.7	2.5	1.2
	INCLINE	3	5	4	4	3	4	4	3	3	2
P9	SPEED	1.2	2.5	3.1	4.3	3.7	3.1	5	3.7	1.8	1.2
	INCLINE	3	5	3	4	2	3	4	2	3	2
P10	SPEED	1.2	1.8	3.1	1.8	1.8	3.1	1.8	3.7	1.8	1.8
	INCLINE	4	4	3	6	7	8	8	6	3	3
P11	SPEED	1.2	3.1	5	6.2	3.7	5.6	3.1	1.8	1.2	1.2
	INCLINE	1	3	5	8	10	7	6	3	2	3
P12	SPEED	1.2	3.1	3.1	2.5	2.5	3.7	2.5	1.2	1.8	2.5
	INCLINE	3	5	6	7	12	9	11	11	6	3
P13	SPEED	1.2	4.3	2.5	4.3	5	5.6	2.5	3.1	1.8	1.2
	INCLINE	5	6	6	4	6	5	8	9	4	2
P14	SPEED	1.2	3.7	3.1	2.5	5	3.7	3.1	1.2	1.8	1.8
	INCLINE	5	6	5	8	4	5	5	10	6	3
P15	SPEED	1.2	3.7	3.1	2.5	5	4.3	3.1	1.8	1.8	1.2
	INCLINE	3	4	5	6	3	5	5	6	4	3
P16	SPEED	1.2	3.1	4.3	3.1	5	3.7	3.1	1.2	2.5	1.2
	INCLINE	1	5	6	8	12	9	10	9	5	3
P17	SPEED	1.2	3.1	3.7	4.3	5	5.6	5	3.1	1.8	2.5
	INCLINE	3	5	6	8	6	5	8	7	5	3
P18	SPEED	1.2	1.8	3.1	3.7	5	3.7	5.6	3.7	3.1	1.2
	INCLINE	5	7	5	8	6	5	9	10	6	2
P19	SPEED	1.8	4.3	3.7	3.1	5.6	4.3	3.7	1.8	3.1	1.2
	INCLINE	3	5	6	8	5	6	5	12	8	3
P20	SPEED	1.8	4.3	5.6	6.2	6.8	7.5	6.2	5	3.1	1.2
	INCLINE	2	5	6	7	6	5	8	6	3	2
P21	SPEED	1.8	3.7	5	4.3	5.6	6.2	3.1	5	1.8	1.2
	INCLINE	3	6	8	9	9	6	8	10	6	3
P22	SPEED	1.8	3.1	5	3.7	5.6	6.2	5	7.5	3.7	1.8
	INCLINE	2	6	8	10	12	10	12	8	5	2
P23	SPEED	1.8	3.1	5.6	6.8	7.5	5	3.7	3.1	1.8	1.2
	INCLINE	2	6	8	10	9	7	8	10	6	3
P24	SPEED	1.8	5	6.2	6.8	7.5	6.2	6.2	5	3.1	1.8
	INCLINE	3	6	8	9	10	12	9	6	3	2

5.2 Set of 3 users programs: From standby mode, press P button, console will show 3 users programs, select between 3 users programs.

-Press SPEED+/- or INCLINE+/- to set the workout target time.

-Press M button to confirm and set the speed and incline value during each section.
-Press Start button, treadmill will run after 3 seconds.
-Each program can be divided into 16 sections; machine will beep 1 times when starting a new section.
-Press SPEED+/-or INCLINE+/- to change the speed and incline during each section.
-Machine will beep 3 times and stop when the program is finished.

5.3 Set of body fat test: From standby mode, press P button until you get to FAT.
-Press Mode button to enter information from F-1 to F-4(F-1 GENDER, F-2 AGE, F-3 HEIGHT, F-4 WEIGHT);
-Set value with SPEED+/- or INCLINE+/-
-After setting of F1-f4, press Mode button to enter F-5(F—5 BODY FAT TEST), hold hands on the hand pulse sensor, the console will display your body fat value after 3 seconds.

-The body fat value is intended as a guide, and is not medical data:

F-1	Gender	01 male	02 female
F-2	Age	10-99	
F-3	Height	100-200CM (40-80INCH)	
F-4	Weight	20-150KG (44-330LB)	
F-5	FAT	＜19	Under weight
	FAT	=(20---25)	Normal weight
	FAT	=(26---29)	Overweight
	FAT	≥30	Obesity

LUBRICATION REMIND FUNCTION

This machine has lubrication remind function. After every total running distance of 300km , treadmill screen will remind with lubrication. Please read the user's manual first, and add the oil to the middle part of running board. After you finishing lubrication, please hold on "STOP" button for 3 seconds, and the system warning sound will disappear.

HOW TO TRANSFER BETWEEN KPH TO MPH

Under standby mode, insert safety key, press SPEED + and INCLINE+ buttons together and hold on about 5 seconds until you hear one sound, and then you can finish the transfer between kph and mph.

SAFETY REMINDING

For your safety, please do not look website or video when you are running.

ENERGY SAVING FUNCITON

To reduce energy consumption, this treadmill will enter into sleeping mode if without any operation for 10 minutes. The screen will give reminding before enter into sleeping mode. Once machine enter sleeping mode, please take off safety key and insert again to awaken the system.

POWER ON （I） AND POWER OFF （O）

Switch off the power: You can switch off the power to stop the treadmill, this will not cause problem to machine.

ERROR REMDING

If treadmill shows any error information, please contact with professional after-sales persons to solve the problem.

PRODUCTION SPECIFICATION:

Setup dimension:	1600*1400*800mm	Console display:	LED
Folding dimension:	1600*800*282mm	Max. user weight:	130kg
Running surface:	1300*500mm	Incline:	15 section
Net weight:	63.5KG	Speed:	1-18KM/H

MAINTENANCE & CARE

General cleaning will help prolong the life and performance of your treadmill. Keep the unit clean and maintained by dusting the components on a regular basis. Clean both sides of the running belt to prevent dust from accumulating underneath the belt. Keep your running shoes clean so that dirt from your shoes does not wear out the running board and belt. Clean the surface of the running belt with a clean damp cloth.

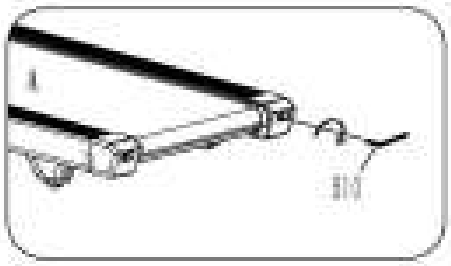
- To better maintain the treadmill and prolong its life it is suggested that the machine be powered off for 10 minutes every 2 hours and fully powered off whenever not in use.

- A loose Running Belt will result in the runner sliding off when running, while too tight of a Running Belt will result in decrease to the motors performance and also create more friction between the roller and running belts. The most suitable tightness for the belts is pulled out 50-75mm from the Running Board.

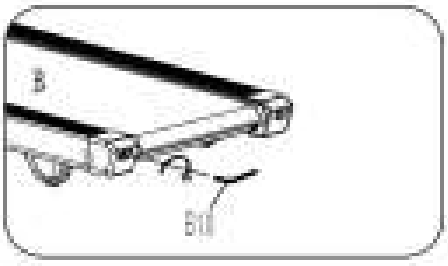
CENTERING THE RUNNING BELT:

Place the treadmill on level ground and set it at 6-8kph to check if the Running Belt drifts.

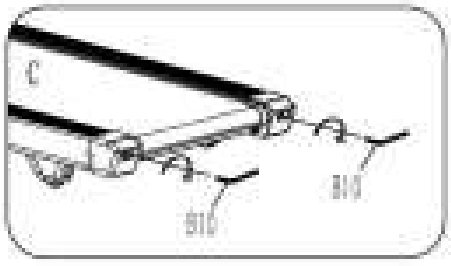
1. If the **Running Belt** moves to the **right**, turn the adjusting bolt on the right side ¼ turn clockwise, then turn the left adjustment bolt ¼ turn counter-clockwise. If the belt does not move, repeat this step until it centers. Refer to figure A.



2. If the **Running Belt** moves to the **left**, turn the adjusting bolts on the left side ¼ of a turn clockwise, then turn the right adjustment bolt ¼ turn counter-clockwise. If the belt does not move, repeat this step until it centers. Refer to figure B.



3. Over time the **Running Belt** will **loosen**. To tighten the belt turn the Left & Right side adjustment bolts one full turn clockwise, check the tension of the belt. Continue this process until belt is at the correct tension. Make sure to adjust both sides equally to ensure correct belt alignment. Refer to figure C.



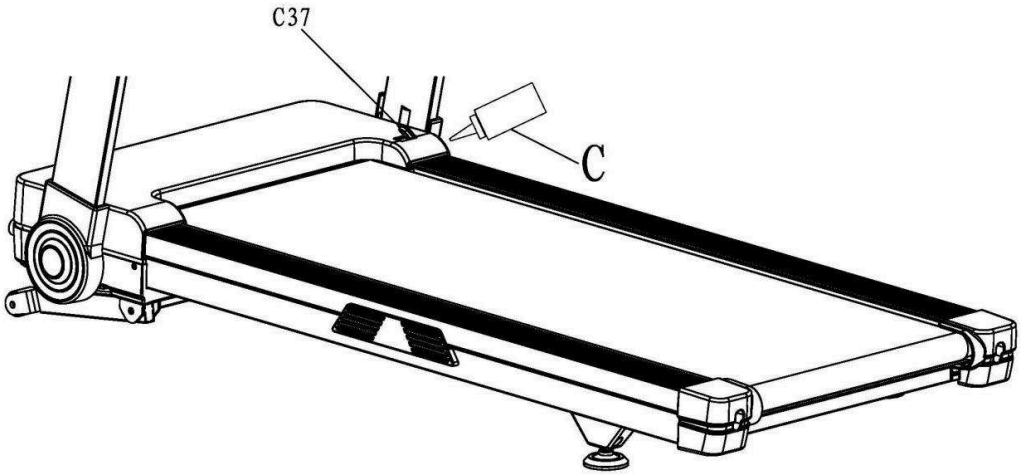
LUBRICATING THE TREADMILL

IMPORTANT NOTE:
You will need to lubricate your treadmill before the first use.

RUNNING BELTS & TREADMILL LUBRICANT:
Lubricating the running board and running belt is essential as the friction between the two affects the life span and function of the treadmill, therefore it is suggested that the running board and belt be inspected regularly.

WARNING: Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

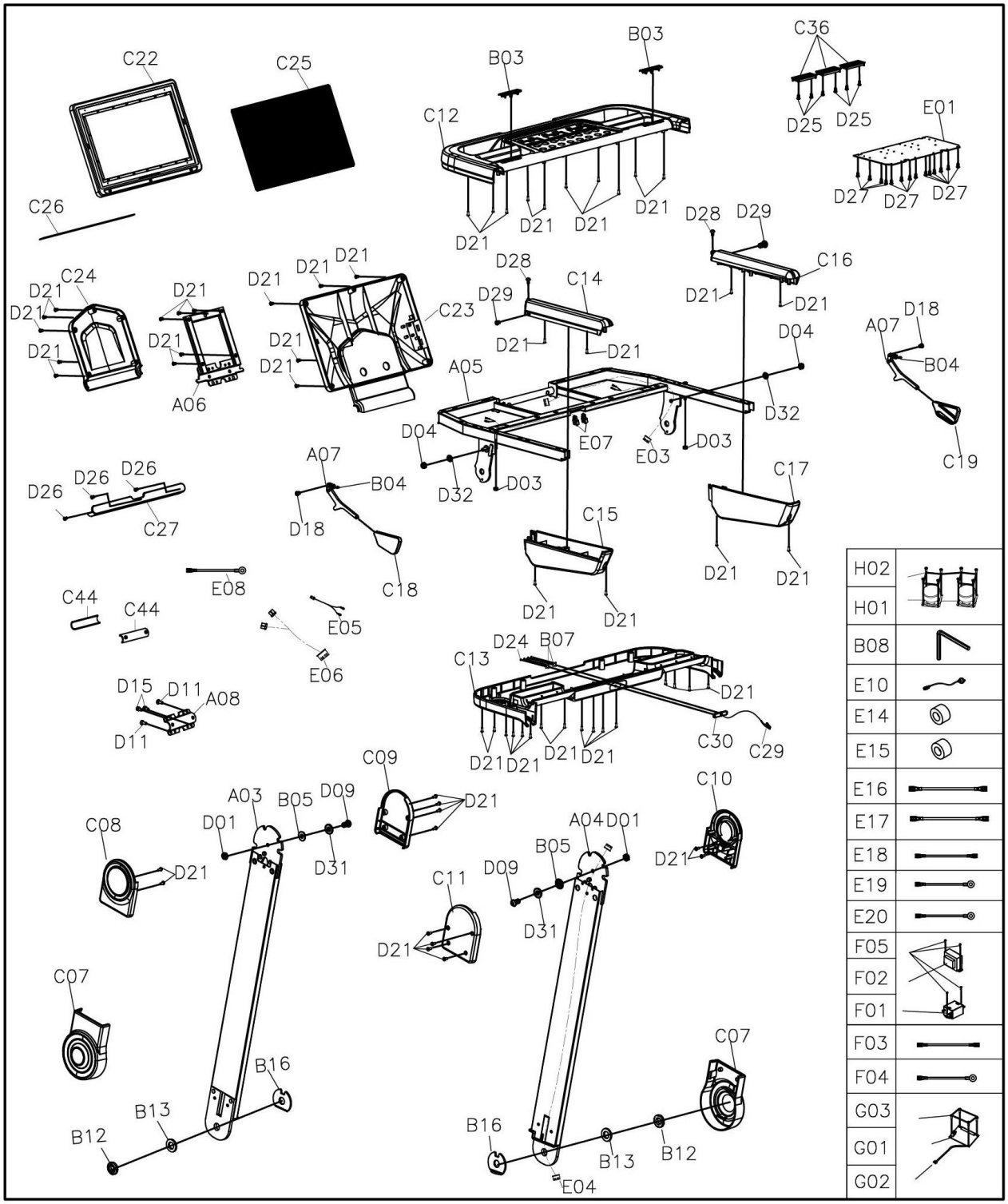
HOW TO LUBRICATE:
1. There is a oil port on the motor cover, lift the lip and pour the silicone oil into it to lubricate the running belt.
2. The moving parts should turn freely and quietly. Abnormality of moving parts will affect the safety of the equipment. Inspect and tighten bolts regularly.
3. To better maintain the treadmill and prolong its lifespan, it is suggested that maintenance be done on a regular basis.



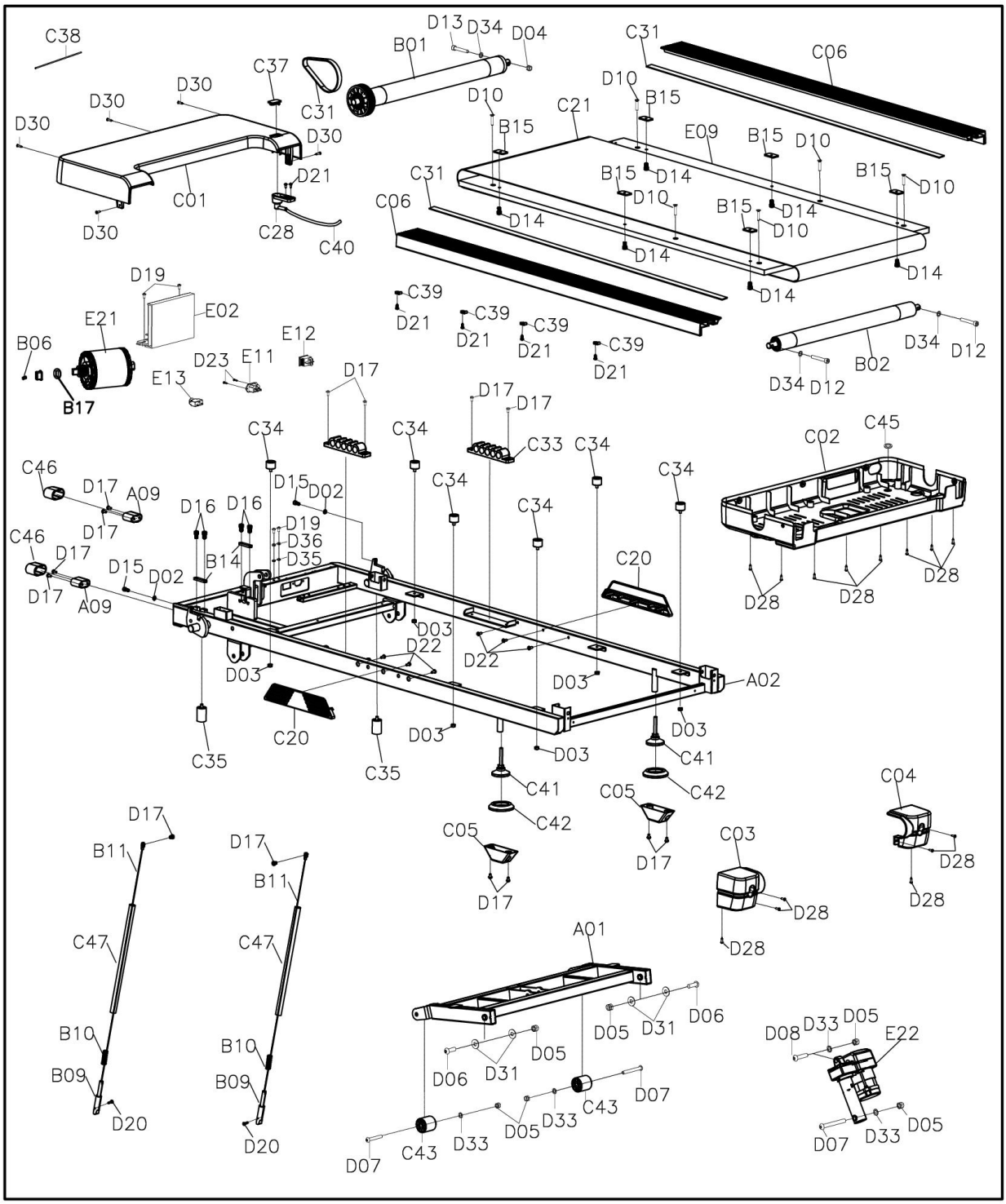
The following time table is recommended:

Light user (less than 3 hours/ week)	*every six months*
Medium user (3-5 hours/ week)	*every three months*
Heavy user (more than 5 hours/ week)	*every two months*

EXPLODED DRAWING 1



EXPLODED DRAWING 2



PARTS LIST

No.	Part description	Remark	Qty	No.	Part description	Remark	Qty
A01	Incline bracket		1	C15	Left handlebar bottom cover		1
A02	Main frame		1	C16	Right handlebar top cover		1
A03	Left upright tube		1	C17	Right handlebar bottom cover		1
A04	Right upright tube		1	C18	Left handlebar rubber sleeve		1
A05	Console bracket		1	C19	Right handlebar rubber sleeve		1
A06	Panel fixing bracket		1	C20	Side decorative piece		2
A07	Folding handlebar		2	C21	Running belt		1
A08	Panel rotation fixed plate bracket		1	C22	IPAD holder front cover		1
A09	Front foot pad support bracket		2	C23	IAPD holder rear cover		1
B01	Front roller		1	C24	IAPD holder small rear cover		1
B02	Back roller		1	C25	IPAD silicone pad		1
B03	Pulse steel plate		4	C26	IPAD non-slip pad		1
B04	Handlebar pull spring		2	C27	IPAD holder		1
B05	Sleeve		2	C28	Oil adapter seat		1
B06	Ground copper plate		1	C29	Safety key clip		1
B07	Spring plate		2	C30	Safety key		1
B08	6# Allen wrench		1	C31	EVA pad		4
B09	Column bolt		2	C32	Motor belt		1
B10	Column bolt spring		2	C33	Middle cushion		2
B11	Steel wire		2	C34	Black cushion		6
B12	Round bolt		2	C35	Black cushion		2
B13	Bearing		2	C36	Grating board		4
B14	Brushless motor pressure plate		2	C37	Oil filling port cover		1
B15	Side rail pressure panel		6	C38	Glass tube		1
C01	Motor top cover		1	C39	Glass tube fixing clamp		4
C02	Motor bottom cover		1	C40	Oil tube 5		1
C03	Left rear cover		1	C41	Universal foot pad 2		2
C04	Right rear cover		1	C42	Foot pad flexible sleeve		2
C05	Foot pad protection cover		1	C43	Moving wheel		2
C06	Side rail		1	C44	Panel rotating sleeve		2
C07	Column bottom cover		2	C45	Ring-shape wire plug		1
C08	Left column outer decorative cover		2	C46	Front foot pad		2
C09	Left column inner decorative cover		1	C47	Pearl cotton sleeve		2
C10	Right column outer decorative cover		1	D01	Nut	M10	2
C11	Right column inner decorative cover		1	D02	Nut	M6	2
C12	Console top cover		1	D03	Nut	M6	8
C13	Console bottom cover		2	D04	Nut	M8	3
C14	Left handlebar top cover		1	D05	Nut	M10	6

No.	Part description	Remark	Qty	No.	Part description	Remark	Qty
D06	Bolt	M10*55	2	D33	Lock washer	10	6
D07	Bolt	M10*65	3	D34	Lock washer	8	3
D08	Bolt	M10*45	1	D35	Lock washer	5	2
D09	Bolt	M10*20	2	D36	Spring washer	5	2
D10	Bolt	M6*20	6	E01	Console		1
D11	Bolt	M6*15	2	E02	Control board		1
D12	Bolt	M8*55	2	E03	Console top wire		1
D13	Bolt	M8*60	1	E04	Console bottom wire		1
D14	Bolt	M6*22	6	E05	Safety switch connection wire		1
D15	Bolt	M6*12	4	E06	Hand pulse top wire		1
D16	Bolt	M6*12	4	E07	Hand pulse bottom wire		2
D17	Bolt	M5*10	14	E08	Ground wire		1
D18	Bolt	M5*8	2	E09	Running board		1
D19	Bolt	M5*12	4	E10	Power wire		1
D20	Bolt	M4*16	2	E11	Power socket		1
D21	Screw	ST4.2*12	67	E12	On-off switch		1
D22	Screw	ST4.2*16	6	E13	Overload protector		1
D23	Screw	ST2.9*8	2	E14	Magnet ring		1
D24	Screw	ST2.5*6	4	E15	Magnet core		1
D25	Screw	ST2.0*8	6	E16	AC single wire	Brown	1
D26	Screw	ST2.9*16	3	E17	AC single wire	Brown	2
D27	Screw	ST2.9*8	14	E18	AC single wire	Blue	2
D28	Screw	ST4.2*12	16	E19	Ground wire		1
D29	Screw	ST3.59*10	2	E20	Ground wire		1
D30	Screw	ST4.2*12	5	E21	Brushless motor		1
D31	Big washer	φ10*φ26*2.02	6	E22	Incline motor		1
D32	Flat washer	8	2				

OPTIONAL PARTS

No.	Part description	Remark	Qty	No.	Part description	Remark	Qty
F01	Filter	Optional for filter	1	H01	Left handlebar bottom cover	Otional for USB	1
F02	Inductance		1	H02	Right handlebar top cover		1
F03	AC single wire		1	G01	Right handlebar bottom cover	Otional for bluetooth music	2
F04	Grounding wire		1	G02	Left handlebar rubber sleeve		2
F05	Screw ST4.2*12		2	G03	Right handlebar rubber sleeve		2

TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	SUGGESTED ACTION
Treadmill will not start	Not plugged in	Plug cord into outlet
	Safety Key not inserted	Insert Safety Key
Running belt not centered	Running belt tension not correct on the left or right sides of the running board	Tighten the adjustment bolts on the left and right side of the rear roller
Computer not working	Wires from the computer and bottom control board not properly connected.	Check wire connections from the computer to the control board.
	Transformer is damaged	If the transformer is damaged, contact customer service.
E01	Software over current	Power on again and operate normally, mainly due to heavy load
E02	Hardware over current.	Power on again and operate normally, mainly due to heavy load
E04	Under voltage protection	The input voltage of the power supply is too low or control board is damaged. If the power supply voltage is normal,then replace the control board
E05	Over voltage protection	The input voltage of the power supply is too high or control board is damaged. If the power supply voltage is normal,then replace the control board
E06	Motor phase loss protection	Check motor wires to see if the motor is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the motor or control board

E07	Motor jamming protection	Power on again and operate normally, mainly due to heavy load or motor/drum jamming. Check if the transmission components are normal
E08	Motor can not start	Motor/drum is stuck, check if the transmission components are normal, replace the control board motor
E09	Motor over current protection	1.Running for a long time with high resistance. Please add oil. 2.Replace motor
E10	overload protection	1.Running for a long time with high resistance. Please add oil. 2.Replace motor 3.Replace control board
E12	Message failure between console and board control	Check wire connections from the console to the control board. If the wire has been damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board or console.
E13	Incline failure	You must press incline+- at the same time over 3 second, then the machine will self checking the incline.