MT-62 User Manual



Please read carefully before installing and using the electric treadmill
All instructions in the instruction sheet and keep this instruction sheet properly.
The pictures in the manual are for reference only, subject to the actual product

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Safety precautions

Warning: Before starting any exercise program, it is recommended that you first consult a professional doctor, especially if you are over 35 years old or have a history of health problems. We are not responsible for any resulting injuries.

Do not turn on the power until the electric treadmill is fully installed and the motor protective cover is covered.

matters need attention

1. Before using the treadmill, make sure that the clip of the safety switch is clipped to the clothes or belt. Please do not insert any other items into any part of the equipment, which will damage the equipment.

3, put the electric treadmill in a clean and flat place, do not put the electric treadmill on the thick carpet, so as not to affect the circulation of the air under the electric treadmill, do not put the electric treadmill near the water or outdoor use.

4, when people stand on the running belt, please do not turn on. After the power is turned on, there may be a pause at the beginning of the running belt movement, and the person must stand on the plastic skids on both sides of the electric treadmill until the running belt moves.

5, exercise can not wear too long, too loose clothes, in case of hanging on the electric treadmill,usually wear rubber sole running shoes.

6, electric treadmill in use, do not let children or pets close.

Any strenuous exercise should only be done 40 minutes after a meal.

8, this fitness equipment for adults to use, minors in the use of electric treadmills need to be accompanied by adults.

9, the first time to use the electric treadmill, be sure to grasp the handrail with your hand, until you feel comfortable after you can release the handrail.

10, treadmill for indoor equipment, do not use outdoors. Place clean and level, pay attention to moisture, pay attention to the electric treadmill for special equipment, do not modify it for other purposes.

11,the power cord of the electric treadmill is dedicated, if the power cord is damaged, please buy from the dealer, or contact the company directly.

If the electric treadmill suddenly accelerates or the speed of the electric treadmill automatically increases due to a problem with the electronic system, please immediately unplug the safety switch and the electric treadmill will stop immediately.

13, do not in the middle of the power line wiring, extend the power line or replace the power line plug, in the

power line stacked heavy objects or power line close to the high temperature heat source, prohibit the use of multi-hole socket, otherwise it will cause fire due to poor contact, or electric shock injury accident.

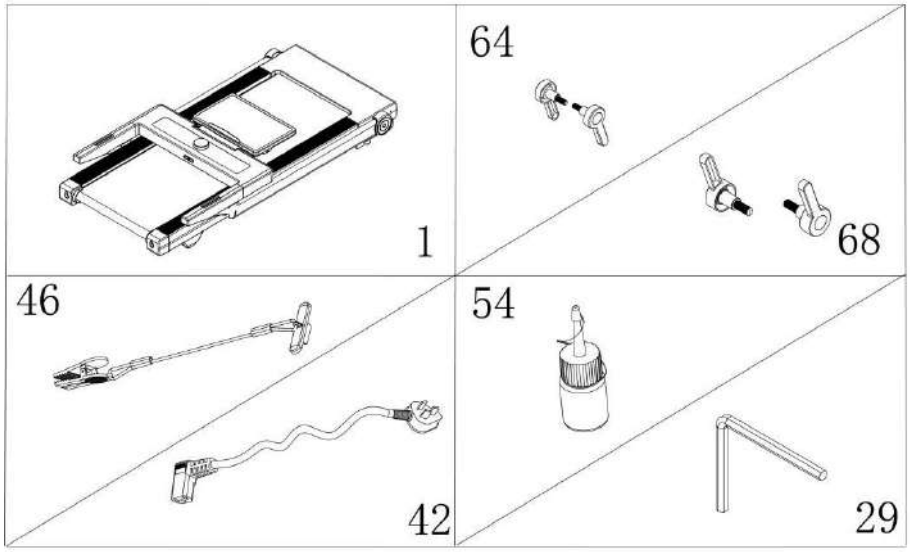
14. When the machine is not used for a long time, it is necessary to cut off the power supply. When cutting off the power supply, do not pull the power cord;grab the power plug and pull it off, so as not to break part of the core wire in the power cord. Plug the power cord plug into the power socket with safety grounding. The power cord of the electric treadmill is dedicated. If the power cord is damaged, please contact the manufacturer as soon as possible.

15. This treadmill is for home use only .

16.The safety area behind the treadmill is: 1000*2000MM

17.The heart rate data on the treadmill is for reference only and cannot be used as medical data.

The figure below shows the parts installed on the whole machine. Open the packing box and you can take out the following parts.

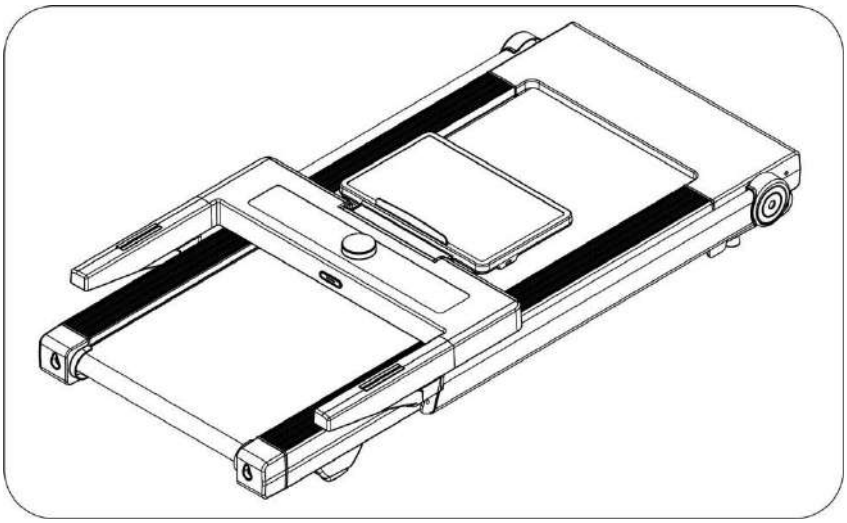


Parts list:

serial number	name	specification	quantity		serial number	name	specification	quantity
1	treadmill		1		42	power cord		1
64	L-shaped short handle		2		54	oil bottle		1
68	L-shaped long handle		2		29	Allen key		1
46	safety lock switch		1					

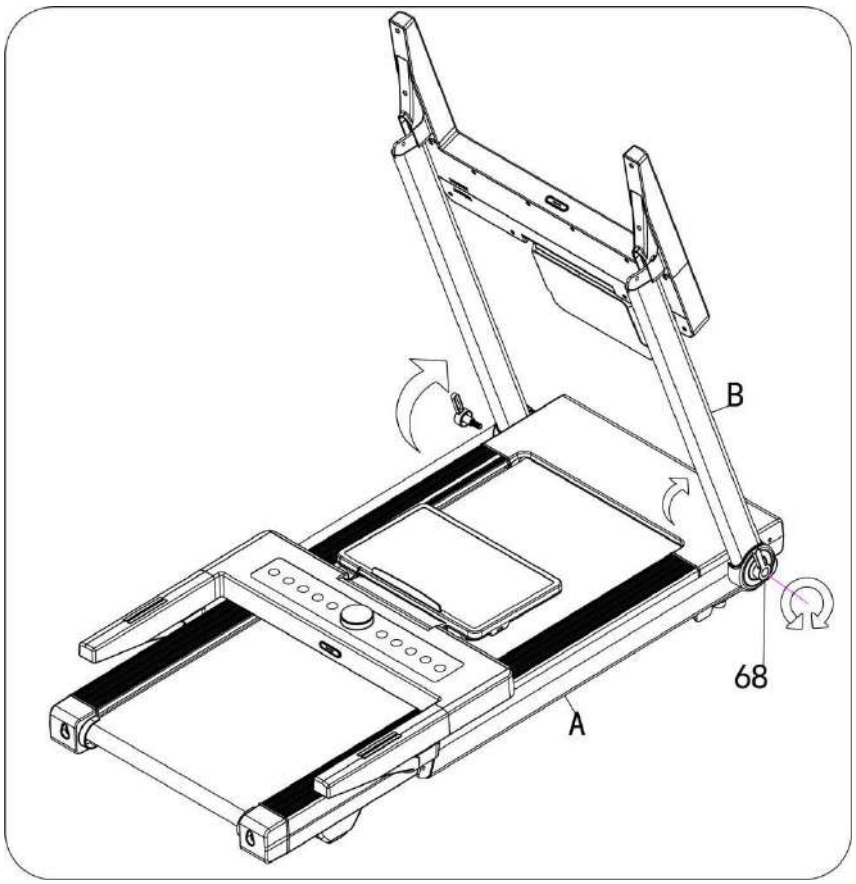
Assembly manual

Assembly Step1:



Open the box, remove the treadmill from the box, and place the treadmill on the ground.

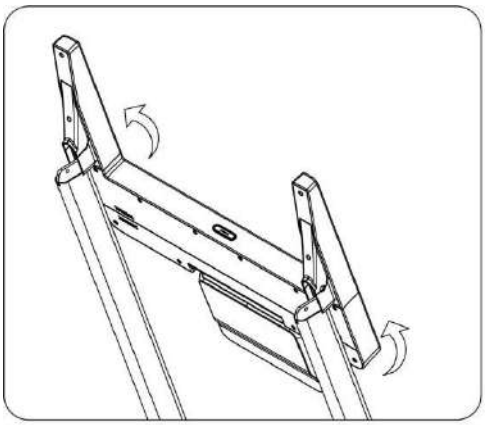
Assembly Step2:

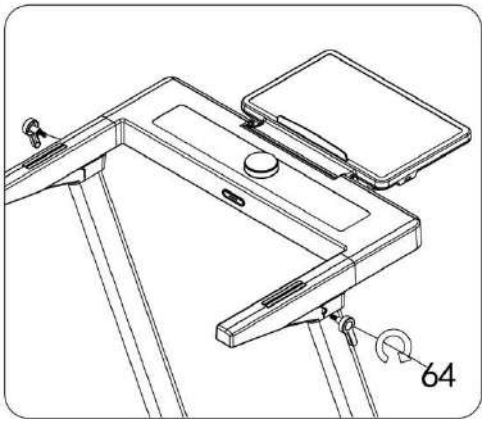


1. First lift the column from state A to state B.
2. As shown in the figure, use two long Lshaped handles (68) to lock both sides of the columnclockwise.

Assembly manual

assembly step 3:

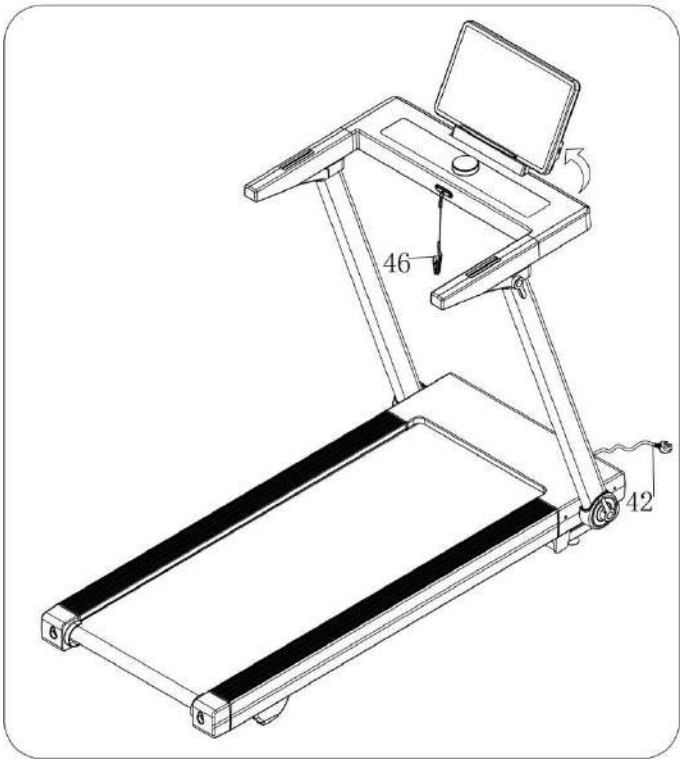




1、Press the electronic watch toward the column as shown in the figure,

2、Lock clockwise into the armrest holes with two short L handles (19).

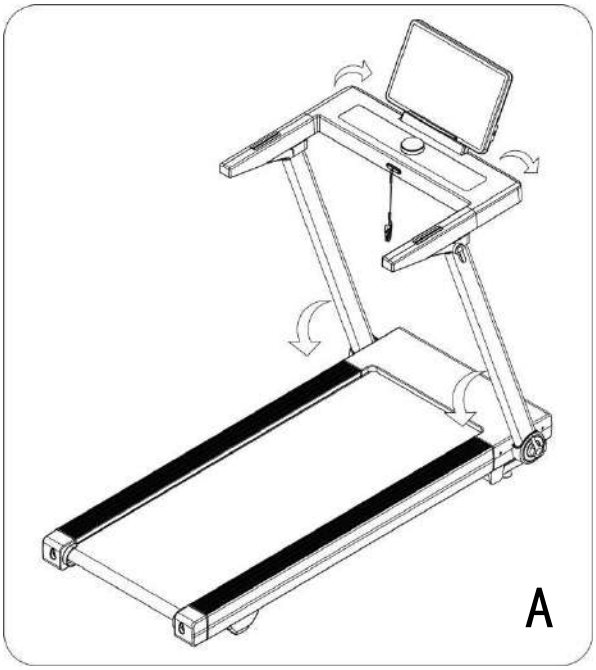
Assembly Step 4:



Put the safety lock (46) on the electronic watch. Then turn on the power cord (42) and you can use the treadmill

Folding Step

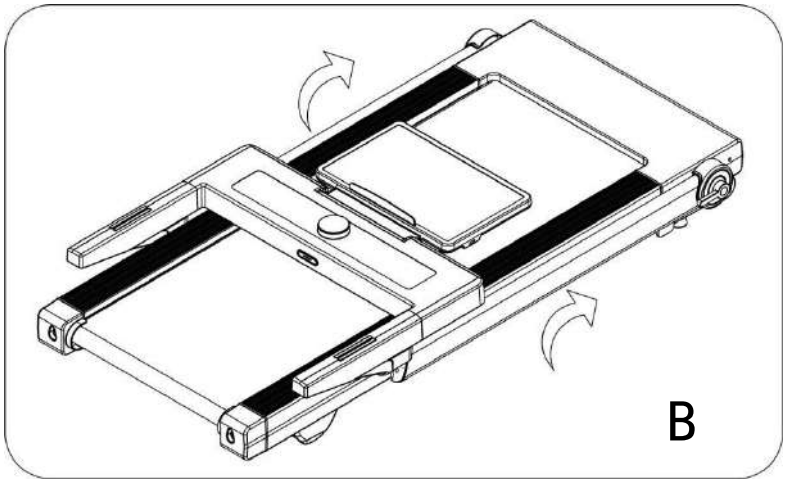
1. Folding machine platform



Machine folding, and installation steps reversed

1. First turnthe L-shapedshort handle (64) counterclockwise to loosen, fold the electronic watch, and then lock theL-shaped short handle back to its original position toprevent loss
2. After loosening the L shaped long handle (68), fold the column to the position shown in Figure B. I'm locking him up.

2. Expand the machine

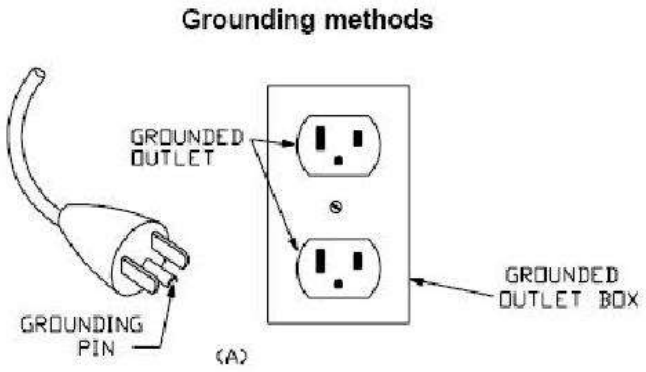


The machine is unfolded, and the installation steps are the same. Expand to the state shown in Figure A and lock the long and short four handle knobs.

Grounding instructions

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, have a proper outlet installed by a qualified electrician. This product is for use on a nominal 220-240/100-120volt circuit and has a grounding plug that looks like the plug illustrated in sketch A in following figure. Make that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product. (Pictures of plugs and sockets are for reference only, actual plugs and sockets depend on exporting countries)



MT-62 electronic watch function description

I. **Window Description:**

1. Time window: Displays movement time.
2. Speed window: Displays movement speed.
3. Calories window: shows exercise calories.
4. Slope/Heart Rate Window: Displays slope or heart rate. When the corresponding icon is lit, the corresponding element is displayed.
5. Distance window: Displays the distance traveled.
6. Instrument panel scale window: display corresponding speed amplitude.

II. Key function:

1．“PROG.”Key: Program selection key. Selection sequence: manual mode,P01-15, FAT, manual mode cycle

loop

2．"MODE" key: mode selection key. Selection sequence: manual mode, time countdown, distance countdown, blocking

Countdown cycle.

2.1 In standby mode, it is the countdown mode selection key. The order of selection is: manual mode, time countdown, distance countdown, heat countdown cycle.

2.2 When the fat measurement model is in the lower state, there is a fat measurement parameter selection key: the selection order is: "Last Name","Age","Height",

Weight.

3．SPEE D▲, ▼: Speed adjustment. Speed can be adjusted when moving; parameters can be adjusted when stopping.

4．SPEED (6, 9): Speed Quick Adjustment Key.

5．INCLINE▲, ▼: Ascension plus or minus adjustment. The number of lifting stages can be adjusted when moving; parameters can be adjusted when stopping.

6．INCLINE (6, 9): Quick adjustment key for number of lift stages.

7．Shuttle knob: synchronize electronic meter data, short press to start/pause, long press to stop, clockwise rotation speed increase, counterclockwise

Speed of rotation of hour hand decreases

- *A prompt tone will be sounded when any button is pressed for effect, and a long tone prompt will be sounded when the button makes parameter adjustments that exceed the limit. There is no beep when the key is pressed ineffectually.*

III. Main functions:

Turn on the power, all windows light up for 2 seconds, then enter standby mode.

1．Quick start (manual mode): put on the safety lock, press the start key, after 3 seconds countdown, treadmill from the lowest

Speed start operation, press SPEED plus or minus key to adjust speed, press INSTINE plus or minus key to adjust lifting stage number. To stop running, press the STOP key.

2．Countdown mode: press the MODE button, you can select: time countdown, distance

countdown, heat countdown. right

The window should display default values and flash. At this time, press the "SPEED▲,▼" key to adjust to the desired value. Press START key, after 3 seconds countdown, treadmill starts running from the lowest speed, press SPEED plus or minus adjustment key to adjust speed, press INCL. plus or minus key to adjust the number of lifting stages. When the window counts down to zero, the treadmill slows down slowly to a stop. Of course, you can also press the "STOP" key directly to stop the operation.

3. Program mode: Press the "PROGRAM" button and select any one of the P15 as the built-in program. “TIME”

The window displays default values and flashes, and the "SPEE D▲, ▼" keys are used to adjust to the desired exercise time. The built-in program is divided into 20 sections, each running time is set time/20. Press START key, the treadmill starts running according to the speed and number of lifting stages of the first stage after counting down for 3 seconds, and automatically enters the next stage after the operation of the previous stage, and the speed and lifting are automatically adjusted to the value of the current stage. All segments run. At the end of the program, the treadmill slowly slows down to a stop. During operation, press "SPEE D▲, ▼" or armrest button to adjust speed and lift. However, when entering the next paragraph, it will automatically adjust to the default value of the program. You can also pressthe STOP key directly to stop the movement.

IV. Heartbeat measurement:

Hold the left and right handrail steel plates with both hands. After about 5 seconds,the PULSE window will display your heartbeat value. In order to obtain a more accurate heartbeat value, please stand on the treadmill and measure it when it stops, and hold it for no less than 30 seconds. Heartbeat data are only used as a reference for exercise levels and cannot be used as medical data.

V. Fat measurement mode:

In standby mode, press the "PROGRAM" key, and when the window displays "FAT", it means entering fat measurement mode. Press MODE key to select parameter category (Last Name, Age, Height, Weight). The corresponding window will display "-1-,""-2-,""-3-,""-4-." Each time a parameter category is selected, press the "SPEE D▲, ▼" key to adjust the parameter value. When all parameters have been adjusted, press theMODE key again. The corresponding window will display "-5-" and "---" respectively, indicating that it has entered the state to be tested. At this time, both hands hold the left and right handrail steel pieces. After about 5

seconds, the corresponding window displays your body fat index.

Input parameter display and setting range

parameter categories	default	setting range	remark
Last Name (-1-)	0 (M)	0-1	0= male 1= female
Age (-2-)	25 years old	10-99 years of age	
Height (-3-)	170 CM	100-240 CM	
Weight (-4-)	70KG	20-160KG	

Body fat index control

Body fat index (BMI)	degree of obesity
<19	thinnish
19--26	normal
27--30	superheavy
>30	obesity

VI. Dormancy function:

Stop without any operation for more than 10 minutes, the system closed all displays, into the body sleep state. Press any key to wake up.

VII. Safety lock function

Disconnect the safety lock at any time, the treadmill stops running quickly, and all data is cleared to 0. All windows display "---". All normal operation and operation must be performed with the safety lock closed.

VIII. Motion parameter display and setting range

	indication range	mode default	program defaults	setting range
SPEED	1-18KM	--------	--------	1-18KM
INCLINE	15%	--------	--------	0-15%
TIME	0:00-99:59	30:00	30:00	5:00---99:00
mileage	0.00KM-99.9KM	1.00KM	--------	0.5KM-99.9KM
Calories	0Kcl-9999Kcl	50Kcl	--------	10Kcl-9990Kcl

IX. Music function

1. Sports show Bluetooth music function, search Bluetooth name FS-xxxxxx-A through mobile phone (xxxx is Bluetooth serial number), after pairing connection is successful, mobile phone music is amplified by treadmill and played from speaker. (If you have this function)

X. Bluetooth APP function (if with this function)

According to the specifications provided by the Bluetooth supplier

15 built-in program data tables 20 segments

program \ time		Set time/20 time periods = running time of upper and lower time periods																			
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
P01	SPEED	2	3	3	4	5	3	4	5	5	3	4	5	4	4	4	2	3	3	5	3
	INCLINE	1	1	2	2	2	3	3	3	2	2	1	2	2	1	1	3	3	2	2	2
P02	SPEED	2	4	4	5	6	4	6	6	6	4	5	6	4	4	4	2	2	5	4	2
	INCLINE	1	2	2	2	2	3	3	2	2	2	2	2	3	3	3	4	4	3	2	2
P03	SPEED	2	4	4	6	6	4	7	7	7	4	7	7	4	4	4	2	4	5	3	2
	INCLINE	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	6	6	3	2	2
P04	SPEED	3	5	5	6	7	7	5	7	7	8	8	5	9	5	5	6	6	4	4	3
	INCLINE	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	6	6	3	2	2
P05	SPEED	2	4	4	5	6	7	7	5	6	7	8	8	5	4	3	3	6	5	4	2
	INCLINE	3	3	3	4	4	5	5	5	4	4	4	4	5	5	3	3	3	2	2	2
P06	SPEED	2	4	4	4	5	6	8	8	6	7	8	8	6	4	4	2	5	4	3	2
	INCLINE	3	5	5	5	4	4	4	3	3	3	3	4	4	4	3	3	3	4	3	2
P07	SPEED	2	3	3	3	4	5	3	4	5	3	4	5	3	3	3	6	6	5	3	3
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	4	4
P08	SPEED	2	3	3	6	7	7	4	6	7	4	6	7	4	4	4	2	3	4	4	2
	INCLINE	4	5	5	5	6	6	6	7	8	9	9	9	10	10	10	12	12	8	6	3
P09	SPEED	2	4	4	7	7	4	7	8	4	8	9	9	4	4	4	5	6	3	3	2
	INCLINE	5	5	5	6	6	6	4	4	6	6	5	5	8	8	9	9	9	7	4	2
P10	SPEED	2	4	5	6	7	5	4	6	8	8	6	6	5	4	4	2	4	4	3	3
	INCLINE	5	6	6	6	7	5	8	8	4	4	4	5	5	8	8	10	10	8	6	3
P11	SPEED	2	5	8	10	7	7	10	10	7	7	10	10	5	5	9	9	5	5	4	3
	INCLINE	4	5	3	2	6	6	2	2	2	2	2	4	5	6	3	2	5	5	2	0
P12	SPEED	3	4	9	9	5	9	5	8	5	9	7	5	5	7	9	9	5	7	6	3
	INCLINE	1	2	3	2	3	5	5	0	0	2	3	5	7	3	3	5	6	5	3	3
P13	SPEED	3	6	7	5	9	9	7	5	5	7	9	5	8	5	9	5	9	9	4	3
	INCLINE	3	3	5	6	5	3	3	7	5	3	2	0	0	5	5	3	2	3	2	1
P14	SPEED	2	2	4	5	6	5	4	3	2	1	2	3	4	5	6	5	4	3	2	1
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	4	4
P15	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	3	3	3	4	4	5	5	5	4	4	4	4	5	5	3	3	3	2	2	2

error code

exception code	exception description	Itinerary
E01	overload	1. The possible reason is that the current is too high due to exceeding the rated load. The system can protect itself by restarting; 2. If a part of the treadmill gets stuck, causing the motor to not rotate, resulting in excessive load and current, the system can protect itself. Adjust the treadmill and restart it or increase the lubricating oil. 3. Check if there is any overcurrent or burnt smell when the motor is running, and replace the motor; 4. Replace the controller
E02	Hall error	1. Check whether the motor cable is connected properly and reconnect the motor cable. 2. Changethemotor. 3. Replace the controller
E03	hardware overcurrent	1.The possible reason is that the rated load is exceeded, resulting in excessive current, system self-protection, restart can be; 2.Check whether the power socket plugand motor connection are loose. 3. Replace the controller
E04	default phase	1. Check whether the motor cable is connected properly and reconnect the motor cable. 2. Change the motor. 3. Replace the controller
E05	undervoltage	1. Check whether the input power supply voltage is normal. 2. Check for loose plug connections at power outlets.
E06	overvoltage	1. Check whether the input power supply voltage is normal.
E08	hardware error	1. Check whether the power socket plugand motor connection are loose. 2. Replace the controller
E21	Save data exception	1.After 2minutes of power failure, re-transmit power. If it fails to start, please replacethe controller.
E30	Motor calibration error	Check whether the lifting joint is loose and whether the connection iscorrect.
E31	over-temperature	Wait until the electromechanical temperature is normal before running
E32	the reverse motor	Check whether the motor line UVW is connected normally
E33	Motor parameter error	Please provide the correct motor parameters from the original factory
E50	other error	
E91	communication poor	1.Check the communication lines. 2.Replacement of electronic watch 3.Replace the controller

Getting start

Preparation:

If you are over 35 or have health problems and this is your first workout, be sure to consult a doctor or professional before using.

Before using the electric treadmill, please stand by and familiarize yourself with how to control it-such as starting, stopping and speed adjustment, etc., until you are familiar with it. Then stand on the plastic skids on both sides of the treadmill and grab the handrails with both hands, drive the machine to a low speed of 1.6~3.2 km/h, stand straight, look forward, and use one foot to "roll" a few times on the running belt; then stand on the running belt and move with it. After feeling comfortable, slowly increase the speed to 3 - 5 km/h. Maintain this speed for about 10 minutes, and then slowly let the machine stop.

Exercise:

Stand by and familiarize yourself with how to control it--such as adjusting speed and gradient--until you're familiar with it. Walk at a steady pace for about 1 km and record the time taken. This may take 15-25 minutes. At 4.8 km/h, a 1 km journey takes about 12 minutes. After you can easily do this a few times, gradually increase the speed and slope so that you can get a good workout for 30 minutes. Before you walk through the exercise routine, be clear that you can't be impatient. This exercise is for your own health for a lifetime, not overnight magic.

Amount of exercise:

Shortcuts-Exercising for 15-20 minutes is a great way to save time.

Warm up at 4.8 km/h for 2 minutes, then increase the speed to 5.3 km/h and 5.8 km/h for 2 minutes each. Then increase the speed by 0.3 km/h every 2 minutes until you feel faster breathing but no difficulty. Maintain this speed and reduce it by 0.3 km/h if you feel suffocated. Allow four minutes to slow down. If you find it difficult to increase the intensity of your exercise by increasing the speed, use a slow increase in the slope. A slight increase in the slope will greatly increase the intensity of the exercise.

A way to burn calories-This way you will actually burn calories.

Warm up for 5 minutes at a speed of 4 to 4.8 km/h, then increase the speed by 0.3 km/h every 2 minutes until you feel that it is challenging to continue at a certain speed for 45 minutes. To intensify exercise, maintain this pace during an hour of television programming, increase it by 0.3 km/h for each commercial break, and then return to the previous pace for the next program, so that calories are fully consumed during commercial breaks and subsequent increases in heart rate. Allow four minutes to slow down.

Frequency of exercise:

Aim for 3-5 sessions/week, 15-60 minutes per session. It's better to schedule your workouts first, rather than work out according to your preferences. You can control the intensity of your exercise by adjusting the speed and slope. We recommend that you don't set the incline at first; however, increasing the incline of the treadmill is an effective method when you want to increase the intensity of your workout.

Safe exercise measures

Consult a professional before exercising. He or she can recommend frequency, intensity, and time appropriate for your age and physical condition. If you feel chest tightness or pain, irregular heartbeat, shortness of breath, dizziness or other discomfort during exercise, stop immediately! Consult a professional before continuing your exercise.

If you regularly use an electric treadmill, you can choose the speed of normal walking or jogging when selecting the speed.

If you have no experience or are unsure of the most appropriate test speed, refer to the following guidelines:

0.8- 3.0 km/h a person of poor constitution.

3.0-4.5 km/h sedentary or inactive person

4.5-6.0 km/h constant walker

6.0-7.5 km/h fast walker

7.5-9.0 km/h jogger

9.0-12.0 km/h moderate runner

12.0- 16.0km/h fast runner

Please note that 6 km/h or less is appropriate for walkers; 8.0 km/h or more is appropriate for runners.

Warm-up exercise

It's best to stretch before exercising. Warm muscles stretch more easily, so warm up for 5 to 10 minutes. Then stop and stretch as follows-do five stretches of 10 seconds or more on each leg, and do it again at the end of the workout.

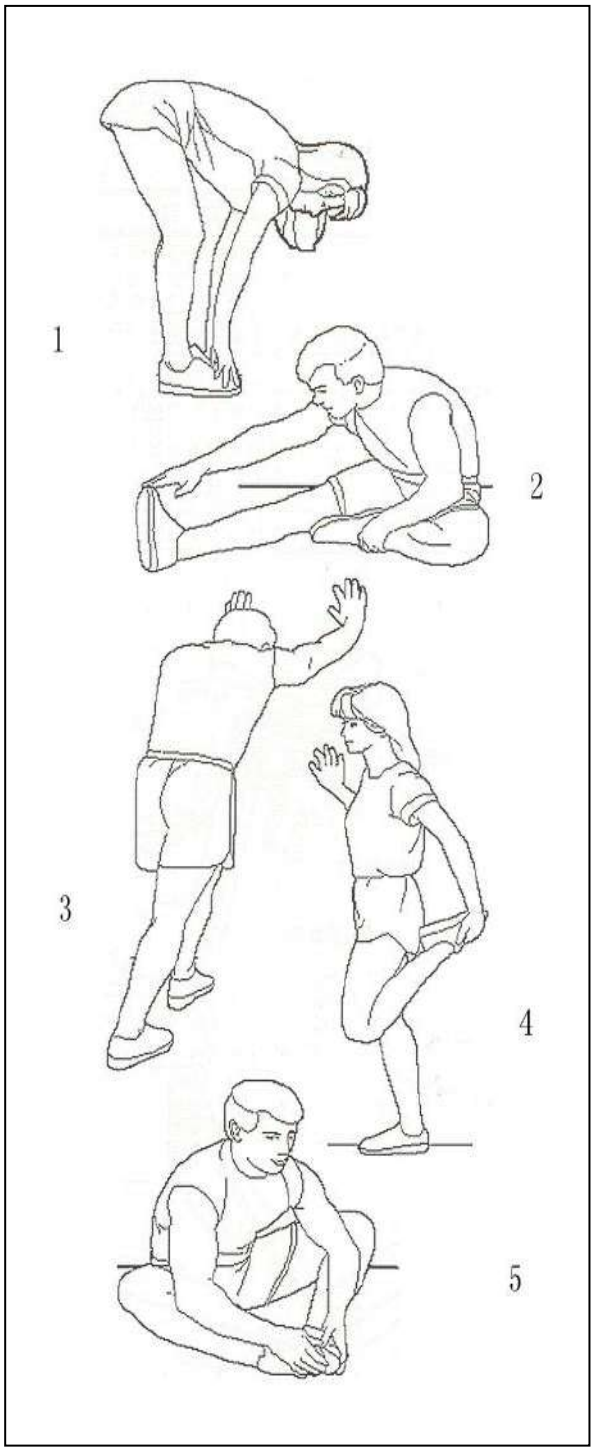
1. Stretch downward: bend your knees slightly, bend your body forward slowly, relax your back and shoulders, and touch your toes with your hands as much as possible. Hold for 10 to 15 seconds, then relax. Repeat 3 times (see Figure 1).

2. Hamstring extension: sit on a clean seat cushion and straighten one leg. Bring the other leg inward so that it fits snugly against the inside of the straight leg. Try to touch your toes with your hands. Hold for 10 to 15 seconds, then relax. Repeat 3 times for each leg (see Figure 2).

3. Calf and foot tendon extension: two on the wall or tree stand, one foot behind. Keep your hind legs upright on your heels and lean toward a wall or tree. Hold for 10 to 15 seconds, then relax. Repeat 3 times for each leg (see Figure 3).

4 quadriceps stretch:hold the wall or table with your left hand to master balance, then stretch your right hand backward, grab the right heel and slowly pull it toward the hips until you feel the muscles in front of your thighs are tense. Hold for 10 to 15 seconds, then relax. Repeat 3 times for each leg (see Figure 4).

5. Stretching of sartorius muscles (muscles on the inside of the thigh): feet facing each other, knees facing outward. Grab your feet with both hands and pull towards your groin. Hold for 10 to 15 seconds, then relax. Repeat 3 times (see Figure 5).



Maintenance Guide

WARNING: Always unplug the electric treadmill before cleaning or maintaining the product.

Cleanliness: A thorough cleaning will extend the life of your electric treadmill.

Remove dust regularly to keep parts clean. Be sure to clean the exposed sides of the belt. This will reduce the accumulation of impurities under the belt. Make sure your sneakers are clean and avoid wearing out your board and belt by carrying foreign objects under your belt. The surface of the running belt must be cleaned with a soapy damp cloth. Please be careful not to splash water on the electrical components and under the running belt.

Warning: Make sure to unplug the power supply of the electric treadmill before moving the motor cover. Open the motor protective cover at least once a year to clean the motor

Special lubricant for running belt and electric running

The electric treadmill has pre-greased the tread board and belt. The friction between the running belt and the running board has a great influence on the service life and performance of the electric treadmill, so it is necessary to apply lubricating oil regularly. We recommend regular inspection of the panels. If the panel is damaged, please contact our customer service center.

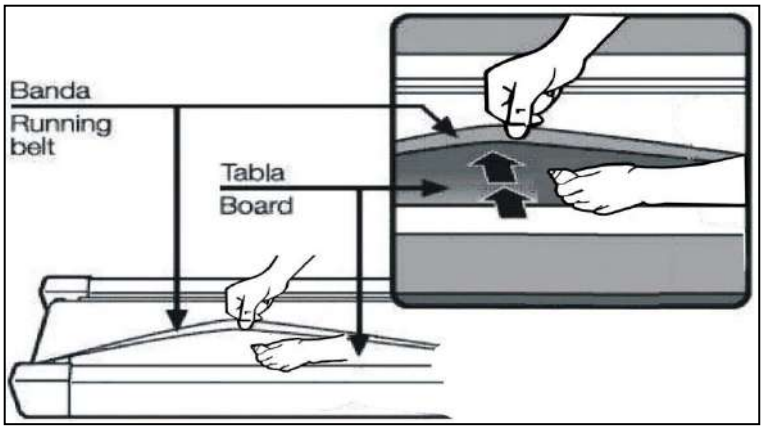
We recommend applying grease between the treadmill belt and the treadmill according to the following schedule:

Lightweight users (less than 3 hours of use per week) once a year;

Middle-weight users (3-5 hours per week) Once every 6 months;

Heavy users (more than 5 hours per week) Once every 3 months.

We recommend that you purchase lubricants from your local dealer or contact us directly.
Note: Any other repairs must be carried out by professionals.



Belt adjustment

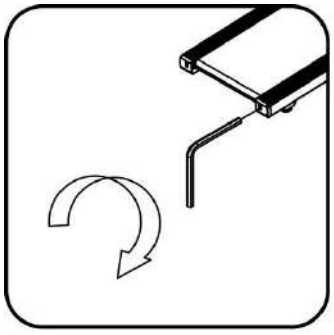
1. In order to better maintain your electric treadmill and extend the life of the machine, it is recommended that you turn off the power after 1.5 hours of continuous use and let the machine rest for 10 minutes before using it.

2. If the running belt is too loose, there will be slippage during running; if it is too tight, itmay reduce the motor performance and increase the wear of the roller and running belt. When the running belt is tight, you can lift the running belt from the treadmill by hand about 50 - 75 mm.

Running belt alignment:

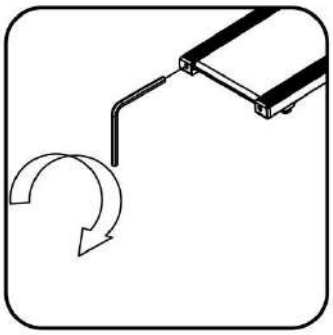
Place the electric treadmill on a level surface. Run the electric treadmill at approximately 6-8 km/h and observe the belt deviation.

If the running belt is inclined to the right, pull out the safety lock and power switch,rotate the adjusting bolt on the right clockwise for 1/4 turn, insert the power switch and safety lock, make the treadmill run, and observe the deviation of the running belt. Repeat until the running belt is centered. Figure A.



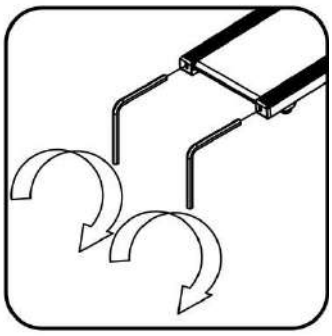
A

If the running belt is inclined to the left, pull out the safety lock and power switch,rotate the left adjusting bolt clockwise for 1/4 turn,insert the power switch and safety lock, make the treadmill run, and observe the deviation of the running belt. Repeat until the running belt is centered. panel B

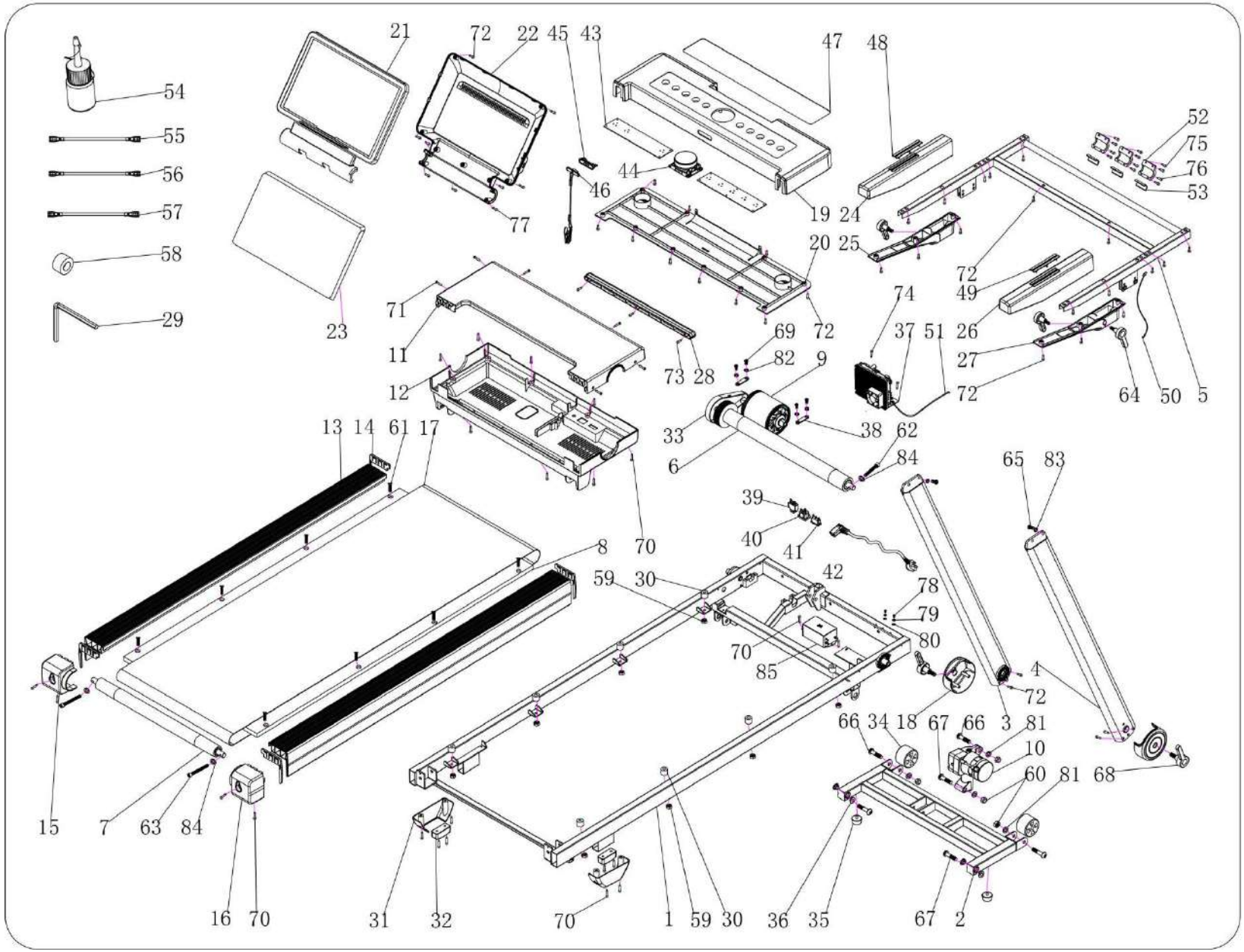


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The running belt will gradually relax after the above adjustment or after a period of use, and needs to be adjusted. Unplug the safety lock and power switch,rotate the adjusting bolts on the left and right sides clockwise for 1/4 turn,insert the power switch and safety lock to make the treadmill run, and then stand on the running belt to confirm the tightness. Repeat the above steps until the running belt is moderately tight. panel C



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Explosive Details

NO.	Name	Spec.	Qty	NO.	Nname	Spec	Qty
1	Main frame assembly		1	47	Acrylic face sticker		1
2	Lift frame assembly		1	48	Left pulse iron		2
3	Left pillar assembly		1	49	Right pulse iron		2
4	Right pillar assembly		1	50	upper segment		1
5	Electronic stand assembly		1	51	lower segment line		1
6	frontdrum		1	52	tile press		3
7	rearroller		1	53	tile		3
8	running board		1	54	oil bottle		1
9	Brushless carbon motor		1	55	AC Single Branch		1
10	lift motor		1	56	Blue Single Branch		1
11	motor top cover		1	57	Brown Single Branch		1
12	motor lower cover		1	58	magnet ring		1
13	edgings		2	59	Hexagon locking screws with non-metallic inserts, type 1	M8	8
14	Side strip cushion		4	60	Hexagon lock nuts with non-metallic inserts, type 1	M10	4
15	Left rear corner guard		1	61	hexagon socket	M8*42	8
16	Right rear corner guard		1	62	hexagon socket cap	M8*45	1
17	running belt		1	63	hexagon socket cap	M8*65	2
18	side cover		2	64	L-shaped short		2
19	Electronic watch cover		1	65	Hexagon socket pan	M8*20	2
20	electronic watch bottom		1	66	Hexagon socket pan	M10*42	3
21	panel cover		1	67	Hexagon socket pan	M10*55	3
22	lower panel cover		1	68	L-shaped long handle		2
23	Acrylic face sticker		1	69	hexagon socket cap	M6*15	4
24	Upper cover of left		1	70	Cross recessed pan head	4.2*19	22
25	Lower cover of left		1	71	Cross recessed	4.2*19	6
26	right armrest top cover		1	72	cross recessed pan	4.2*12 (scraping	35
27	Lower right armrest cover		1	73	Cross recessed pan head tapping screws with pad	4.2*30	3
28	Front foot pad of main frame		1	74	Cross recessed pan head	4.2*9	2
29	Allen key		1	75	cross recessed pan	4.2*15 (scraped	6
30	main frame cushion		8	76	cross recessed pan	4.2*20	6
31	shield		2	77	cross recessed pan	4.2*9	3
32	Cushion foot pad		2	78	cross recessed pan	M5*8	2
33	belt		1	79	internal teeth serrated	5	2
34	idler wheel		2	80	standard spring	5	2
35	foot pad		2	81	internal teeth serrated	10	4
36	spacer sleeves		4	82	standard spring washer	6	4
37	the console		1	83	standard spring washer	8	2
38	motor platen		2	84	internal teeth serrated	8	3
39	overload protector		1	85	inductance filter		1
40	power cord receptacle		1				
41	power switch		1				
42	power cord		1				
43	Key PCB		1				
44	flying shuttle		1				
45	Safety lock base		1				
46	safety lock switch		1				